

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Women's Cross Country 6K Best Times**

*Performances through October 24, 2009*

Rank	Name	Team	6K Best Time	Place	Date	Meet
1	Taryn Surtees	WU	21:03.9	6	17-Oct	Brooks Cross Country Invite
2	Elaine Simpson	Case	21:44.0	3	17-Oct	Inter-Regional Rumble
3	Molly Schlamb	WU	21:54.6	10	17-Oct	Brooks Cross Country Invite
4	Rachel Ohman	UC	21:55.1	11	17-Oct	Oshkosh Invite
5	Emily Wobb	CMU	21:56.0	7	17-Oct	Oberlin College Inter-Regional
6	Justine Jeroski	Case	21:59.0	10	17-Oct	Inter-Regional Rumble
7	Joan Kanarkiewicz	NYU	22:01.0	11	17-Oct	Inter Regional Rumble
8	Jess Londeree	WU	22:08.9	22	17-Oct	Brooks Cross Country Invite
9	Sangeeta Hardy	WU	22:12.0	23	17-Oct	Brooks Cross Country Invite
10	Natalia Cabrera	Case	22:13.0	16	17-Oct	Inter-Regional Rumble
11	Kirsten Keller	NYU	22:25.0	21	17-Oct	Inter Regional Rumble
12	Bronwyn Bedrick	WU	22:33.6	43	17-Oct	Brooks Cross Country Invite
13	Courtney Baker	CMU	22:34.0	25	17-Oct	Oberlin College Inter-Regional
14	Lauren Norton	UR	22:43.0	4	3-Oct	Geneseo Cross Country Invitational
15	Erica Jackey	WU	22:44.6	50	17-Oct	Brooks Cross Country Invite
16	Marie Lemay	BR	22:47.0	5	26-Sep	Connecticut College Invitational
17	Erin Cary	UC	22:48.9	55	17-Oct	Oshkosh Invite
18	Molly Peverada	UC	22:49.0	56	17-Oct	Oshkosh Invite
19	Alyssa Pisarik	BR	22:50.0	6	26-Sep	Connecticut College Invitational
20	Julia Sizek	UC	22:50.4	58	17-Oct	Oshkosh Invite
21	Elizabeth Bright	UC	22:53.5	64	17-Oct	Oshkosh Invite
22	Brittany Cronin	WU	22:55.4	68	17-Oct	Brooks Cross Country Invite
23	Molly Wawrzyniak	WU	22:57.6	73	17-Oct	Brooks Cross Country Invite
24	Andrea Fishchione	Case	22:58.0	37	17-Oct	Inter-Regional Rumble
25	Liz Stocking	WU	22:59.6	74	17-Oct	Brooks Cross Country Invite
26	Colleen Heffernan	Case	23:00.0	39	17-Oct	Inter-Regional Rumble
26	Liz Phillips	WU	23:00.0	76	17-Oct	Brooks Cross Country Invite
27	Kate Warwick	BR	23:01.0	8	26-Sep	Connecticut College Invitational
28	Maevae Evans	NYU	23:07.0	42	17-Oct	Inter Regional Rumble
29	Hope Rathnam	WU	23:10.6	91	17-Oct	Brooks Cross Country Invite
30	Kerra Vick	NYU	23:13.0	47	17-Oct	Inter Regional Rumble
31	Cindy Spahn	Case	23:15.0	49	17-Oct	Inter-Regional Rumble
31	Jenny Feinberg	EU	23:15.0	1	17-Oct	Quaker Invitational
32	Paige Zelinsky	NYU	23:21.0	53	17-Oct	Inter Regional Rumble
33	Tess Gallegos	EU	23:27.0	2	17-Oct	Quaker Invitational
34	Ali Klooster	UC	23:27.8	107	17-Oct	Oshkosh Invite
35	Ally Connolly	BR	23:28.0	17	26-Sep	Connecticut College Invitational
36	Jane Simpson	UC	23:28.8	112	17-Oct	Oshkosh Invite
37	Jackie Altshuler	CMU	23:29.0	64	17-Oct	Oberlin College Inter-Regional
38	Kristen Hederstrom	Case	23:30.0	66	17-Oct	Inter-Regional Rumble
39	Laura Santoski	NYU	23:31.0	67	17-Oct	Inter Regional Rumble
40	Calley Edwards	EU	23:33.0	3	17-Oct	Quaker Invitational
41	Hannah Satzke	NYU	23:35.0	70	17-Oct	Inter Regional Rumble
42	Emily Owen	BR	23:40.0	20	26-Sep	Connecticut College Invitational
43	Danielle Morse	CMU	23:41.0	77	17-Oct	Oberlin College Inter-Regional
44	Laura Eberly	UC	23:41.1	126	17-Oct	Oshkosh Invite
45	Sara Gelb	EU	23:42.0	5	17-Oct	Quaker Invitational
46	Elsbeth Grant	UC	23:42.2	128	17-Oct	Oshkosh Invite
47	Sonia Khan	UC	23:44.9	131	17-Oct	Oshkosh Invite
48	Katie Reidy	UC	23:47.8	132	17-Oct	Oshkosh Invite
49	Megan O'Connor	UR	23:48.0	22	3-Oct	Geneseo Cross Country Invitational
50	Rebecca Flink	EU	23:50.0	32	26-Sep	Griak Invitational
51	Lacey Vogel	WU	23:53.7	142	17-Oct	Brooks Cross Country Invite
52	Colleen Campbell	EU	23:55.0	7	17-Oct	Quaker Invitational
53	Allison Bickel	WU	23:56.6	149	17-Oct	Brooks Cross Country Invite
54	Junwei Zhu	UC	24:00.4	156	17-Oct	Oshkosh Invite
55	Melanie Frank	EU	24:02.0	9	17-Oct	Quaker Invitational
56	Sabrina Jeppson	EU	24:04.0	10	17-Oct	Quaker Invitational

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Women's Cross Country 6K Best Times**

*Performances through October 24, 2009*

Rank	Name	Team	6K Best Time	Place	Date	Meet
57	Molly Shanley	BR	24:08.0	28	26-Sep	Connecticut College Invitational
58	Cassie Wallace	CMU	24:10.0	96	17-Oct	Oberlin College Inter-Regional
59	Natalie Fenn	EU	24:11.0	50	26-Sep	Griak Invitational
60	Olivia D'Angelo	EU	24:12.0	11	17-Oct	Quaker Invitational
61	Jess Girard	BR	24:13.0	31	26-Sep	Connecticut College Invitational
62	Kathryn Dwyer	UC	24:14.5	180	17-Oct	Oshkosh Invite
63	Suzanne Giunta	UR	24:17.0	35	3-Oct	Geneseo Cross Country Invitational
64	Zarah Quinn	UR	24:18.0	36	3-Oct	Geneseo Cross Country Invitational
65	Catie Reynolds	WU	24:22.0	191	17-Oct	Brooks Cross Country Invite
66	Lisa Cole	UR	24:25.0	39	3-Oct	Geneseo Cross Country Invitational
67	Eva Humphrey	CMU	24:26.0	104	17-Oct	Oberlin College Inter-Regional
68	Augusta Dunse	WU	24:26.6	197	17-Oct	Brooks Cross Country Invite
69	Sarah Britton	WU	24:28.2	199	17-Oct	Brooks Cross Country Invite
70	Anne Correll	WU	24:31.5	207	17-Oct	Brooks Cross Country Invite
71	Lauren Sittler	CMU	24:33.0	114	17-Oct	Oberlin College Inter-Regional
71	Allison McComb	UR	24:33.0	44	3-Oct	Geneseo Cross Country Invitational
72	Corey Bowen	Case	24:34.0	118	17-Oct	Inter-Regional Rumble
73	Hillary Snyder	UR	24:36.0	46	3-Oct	Geneseo Cross Country Invitational
74	Laura McKee	CMU	24:40.0	125	17-Oct	Oberlin College Inter-Regional
75	Leanne Austin	Case	24:42.0	127	17-Oct	Inter-Regional Rumble
76	Julia Alpaio	BR	24:43.0	47	26-Sep	Connecticut College Invitational
77	Rachel Rosenthal	EU	25:06.0	19	17-Oct	Quaker Invitational
78	Christina Cardy	EU	25:09.0	20	17-Oct	Quaker Invitational
79	Alyssa Montanaro	CMU	25:21.6	6	12-Sep	Waynesburg College Invite
80	Joy Zhu	Case	25:27.0	163	17-Oct	Inter-Regional Rumble
81	Meghan Ogle	UR	25:30.0	59	3-Oct	Geneseo Cross Country Invitational
82	Rachel Given	UR	25:37.0	64	3-Oct	Geneseo Cross Country Invitational
83	Emily Olsen	NYU	25:42.0	87	26-Sep	Williams Coll. Purple Valley Classic
84	Gwyneth Manser	EU	25:50.0	24	17-Oct	Quaker Invitational
85	Natalie Helpern	NYU	25:53.0	92	26-Sep	Williams Coll. Purple Valley Classic
85	Rachel Twardowski	UR	25:53.0	69	3-Oct	Geneseo Cross Country Invitational
86	Rachel Borelli	EU	26:04.0	26	17-Oct	Quaker Invitational
87	Thea Emmons	Case	26:10.0	62	26-Sep	Otterbein Invitational
88	Heather Graham	UR	26:11.0	82	3-Oct	Geneseo Cross Country Invitational
89	Sonja Page	UR	26:14.0	84	3-Oct	Geneseo Cross Country Invitational
90	Kristen Fekete	UR	26:17.0	85	3-Oct	Geneseo Cross Country Invitational
91	Hilary Haefner	UR	26:32.0	94	3-Oct	Geneseo Cross Country Invitational
92	Jane Thomason	UC	26:38.6	353	17-Oct	Oshkosh Invite
93	Maryclaire Regan	EU	26:52.0	36	17-Oct	Quaker Invitational
94	Catherine Nadeau	UR	26:59.0	114	3-Oct	Geneseo Cross Country Invitational
95	Caroline Wool	WU	27:10.0	106	10-Oct	Gibson Family XC Invitational
96	Bailey Gripshover	UR	27:15.0	123	3-Oct	Geneseo Cross Country Invitational
96	Bridget Kruszka	UR	27:15.0	117	3-Oct	Geneseo Cross Country Invitational
97	Ellen Anderson	UR	27:16.0	125	3-Oct	Geneseo Cross Country Invitational
97	Michelle Winston	UR	27:16.0	124	3-Oct	Geneseo Cross Country Invitational
98	Chelsea Hoffman	CMU	27:46.8	25	12-Sep	Waynesburg College Invite
99	Rebecca Glass	UR	28:13.0	145	3-Oct	Geneseo Cross Country Invitational
100	Kristina Nagy	Case	28:53.0	119	26-Sep	Otterbein Invitational
101	Jaclyn Lerea	UR	28:55.0	158	3-Oct	Geneseo Cross Country Invitational
102	Emily Rodenbush	UR	28:56.0	159	3-Oct	Geneseo Cross Country Invitational
103	Amal El-Ghazaly	CMU	28:56.6	35	12-Sep	Waynesburg College Invite
104	Rebecca Zarett	UR	29:06.0	162	3-Oct	Geneseo Cross Country Invitational
105	Lydia Popp	EU	29:10.0	63	17-Oct	Quaker Invitational

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Women's Cross Country 5K Best Times**

*Performances through October 24, 2009*

Rank	Name	Team	5K Best Time	Place	Date	Meet
1	Elaine Simpson	Case	17:49.4	18	19-Sep	Calvin Invitational
2	Taryn Surtees	WU	18:04.3	21	3-Oct	Greater Louisville XC Classic
3	Liz Lawton	UC	18:10.0	5	18-Sep	Illinois Intercollegiate Champs
4	Molly Schlamb	WU	18:14.8	30	3-Oct	Greater Louisville XC Classic
5	Marie Lemay	BR	18:21.0	18	17-Oct	U Albany Invitational
6	Grayce Selig	BR	18:24.0	8	19-Sep	Umass Dartmouth Shriner's Invit.
7	Joan Kanarkiewicz	NYU	18:26.0	5	9-Oct	NY Metropolitan Championships
8	Justine Jeroski	Case	18:28.4	32	19-Sep	Calvin Invitational
9	Kate Warwick	BR	18:32.0	12	19-Sep	Umass Dartmouth Shriner's Invit.
10	Kirsten Keller	NYU	18:37.0	10	9-Oct	NY Metropolitan Championships
10	Rachel Ohman	UC	18:37.0	18	18-Sep	Illinois Intercollegiate Champs
11	Hannah Lindholm	BR	18:39.6	30	17-Oct	U Albany Invitational
12	Ally Connolly	BR	18:43.0	37	17-Oct	U Albany Invitational
13	Jess Londeree	WU	18:44.3	67	3-Oct	Greater Louisville XC Classic
14	Rebecca Flink	EU	18:45.0	1	10-Oct	Foothills Invitational
15	Alyssa Pisarik	BR	18:47.0	17	19-Sep	Umass Dartmouth Shriner's Invit.
16	Lauren Norton	UR	18:49.0	9	17-Oct	U of Rochester Yellowjacket Invitational
17	Natalia Cabrera	Case	18:49.2	44	19-Sep	Calvin Invitational
18	Tess Gallegos	EU	18:55.0	2	10-Oct	Foothills Invitational
19	Sangeeta Hardy	WU	18:55.9	83	3-Oct	Greater Louisville XC Classic
20	Colleen Heffernan	Case	18:56.3	53	19-Sep	Calvin Invitational
21	Erin Bisceglia	BR	19:00.4	60	17-Oct	U Albany Invitational
22	Emily Wobb	CMU	19:02.8	4	10-Oct	Carnegie Mellon Invitational
23	Beth Pisarik	BR	19:03.0	65	10-Oct	Open New England Championships
23	Liz Phillips	WU	19:03.0	6	26-Sep	Saluki Invite
24	Allison McComb	UR	19:08.0	12	10-Oct	Hamilton College Invitational
25	Natalie Fenn	EU	19:10.0	4	10-Oct	Foothills Invitational
26	Erica Jackey	WU	19:11.3	100	3-Oct	Greater Louisville XC Classic
27	Emily Owen	BR	19:12.3	72	17-Oct	U Albany Invitational
28	Lisa Cole	UR	19:15.0	19	17-Oct	U of Rochester Yellowjacket Invitational
29	Elizabeth Bright	UC	19:16.0	44	18-Sep	Illinois Intercollegiate Champs
29	Megan O'Connor	UR	19:16.0	17	10-Oct	Hamilton College Invitational
30	Bronwyn Bedrick	WU	19:16.5	110	3-Oct	Greater Louisville XC Classic
31	Julia Sizek	UC	19:17.0	45	18-Sep	Illinois Intercollegiate Champs
32	Courtney Baker	CMU	19:20.0	9	5-Sep	Duquesne Duals
33	Molly Shanley	BR	19:21.0	2 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.
33	Melanie Frank	EU	19:21.0	6	10-Oct	Foothills Invitational
34	Molly Wawrzyniak	WU	19:22.2	122	3-Oct	Greater Louisville XC Classic
35	Hillary Snyder	UR	19:24.0	19	10-Oct	Hamilton College Invitational
36	Zarah Quinn	UR	19:26.0	20	10-Oct	Hamilton College Invitational
37	Andrea Fishchione	Case	19:26.4	86	19-Sep	Calvin Invitational
38	Brittany Cronin	WU	19:26.7	130	3-Oct	Greater Louisville XC Classic
39	Jenny Feinberg	EU	19:27.0	7	10-Oct	Foothills Invitational
40	Cindy Spahn	Case	19:27.8	93	19-Sep	Calvin Invitational
41	Abby Small	Case	19:30.4	125	19-Sep	Calvin Invitational
42	Kerra Vick	NYU	19:31.0	34	9-Oct	NY Metropolitan Championships
43	Jane Simpson	UC	19:32.0	64	18-Sep	Illinois Intercollegiate Champs
44	Molly Peverada	UC	19:32.8	36	10-Oct	Parkside Invitational
45	Maeve Evans	NYU	19:34.0	36	9-Oct	NY Metropolitan Championships
46	Anne Correll	WU	19:37.4	152	3-Oct	Greater Louisville XC Classic
47	Erin Cary	UC	19:38.0	69	18-Sep	Illinois Intercollegiate Champs
48	Suzanne Giunta	UR	19:41.0	26	10-Oct	Hamilton College Invitational
49	Laura Eberly	UC	19:47.0	77	18-Sep	Illinois Intercollegiate Champs
50	Laura Santoski	NYU	19:49.0	43	9-Oct	NY Metropolitan Championships
51	Calley Edwards	EU	19:50.0	10	10-Oct	Foothills Invitational
52	Lacey Vogel	WU	19:50.3	31*	3-Oct	Greater Louisville XC Classic

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Women's Cross Country 5K Best Times**

*Performances through October 24, 2009*

Rank	Name	Team	5K Best Time	Place	Date	Meet
53	Jane Thomason	UC	19:51.0	78	18-Sep	Illinois Intercollegiate Champs
54	Jess Girard	BR	19:53.0	10 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.
55	Sabrina Jeppson	EU	19:55.0	11	10-Oct	Foothills Invitational
55	Paige Zelinsky	NYU	19:55.0	45	9-Oct	NY Metropolitan Championships
56	Hannah Satzke	NYU	19:56.0	46	9-Oct	NY Metropolitan Championships
57	Danielle Morse	CMU	19:59.6	11	10-Oct	Carnegie Mellon Invitational
58	Liz Stocking	WU	20:00.3	35*	3-Oct	Greater Louisville XC Classic
59	Kristen Hederstrom	Case	20:03.0	77	19-Sep	Calvin Invitational
60	Colleen Campbell	EU	20:04.0	14	10-Oct	Foothills Invitational
61	Ali Klooster	UC	20:04.2	64	10-Oct	Parkside Invitational
62	Sara Gelb	EU	20:05.2	14	5-Sep	Sewanee Invitational
63	Heather Graham	UR	20:10.0	32	24-Oct	NYSCTC Championships
64	Cassie Wallace	CMU	20:10.3	13	10-Oct	Carnegie Mellon Invitational
65	Julia Alpaio	BR	20:11.0	12 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.
66	Olivia D'Angelo	EU	20:12.0	17	10-Oct	Foothills Invitational
67	Sonia Khan	UC	20:14.0	26	4-Sep	Valparaiso Crusader Open
68	Kathryn Dwyer	UC	20:17.4	77	10-Oct	Parkside Invitational
69	Bettina Kaphingst	Case	20:19.2	95	19-Sep	Calvin Invitational
69	Hope Rathnam	WU	20:19.2	47*	3-Oct	Greater Louisville XC Classic
70	Elsbeth Grant	UC	20:20.0	113	18-Sep	Illinois Intercollegiate Champs
71	Corey Bowen	Case	20:20.1	97	19-Sep	Calvin Invitational
72	Katie Reidy	UC	20:22.0	116	18-Sep	Illinois Intercollegiate Champs
72	Kristen Fekete	UR	20:22.0	16	26-Sep	Harry F. Anderson Invitational
73	Jackie Altshuler	CMU	20:23.0	26	5-Sep	Duquesne Duals
74	Junwei Zhu	UC	20:23.1	83	10-Oct	Parkside Invitational
75	Becky Durling	UC	20:25.0	28	4-Sep	Valparaiso Crusader Open
76	Joy Zhu	Case	20:37.6	107	19-Sep	Calvin Invitational
77	Rachel Given	UR	20:39.0	51	10-Oct	Hamilton College Invitational
78	Meghan Thommes	Case	20:40.2	110	19-Sep	Calvin Invitational
79	Kelli Blake	WU	20:44.7	29	26-Sep	Saluki Invite
80	Leanne Austin	Case	20:45.0	114	19-Sep	Calvin Invitational
81	Laura McKee	CMU	20:47.5	24	10-Oct	Carnegie Mellon Invitational
82	Hannah Otalora-Fadner	UC	20:49.0	144	18-Sep	Illinois Intercollegiate Champs
82	Megan Battin	UR	20:49.0	57	10-Oct	Hamilton College Invitational
83	Rachel Twardowski	UR	20:50.0	25	26-Sep	Harry F. Anderson Invitational
84	Lauren Sittler	CMU	20:50.7	26	10-Oct	Carnegie Mellon Invitational
85	Monique Girard	BR	20:52.0	36 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.
85	Sonja Page	UR	20:52.0	26	26-Sep	Harry F. Anderson Invitational
86	Eva Humphrey	CMU	20:54.2	27	10-Oct	Carnegie Mellon Invitational
87	Megan Milne	Case	20:55.0	123	19-Sep	Calvin Invitational
88	Meghan Ogle	UR	20:56.0	55	19-Sep	U of Buffalo Stampede Invite
89	Catherine Stolar	UC	20:56.9	103	10-Oct	Parkside Invitational
90	Katharine Wang	NYU	20:57.0	80	9-Oct	NY Metropolitan Championships
91	Rachel Rosenthal	EU	20:58.0	26	10-Oct	Foothills Invitational
91	Emily Olsen	NYU	20:58.0	81	9-Oct	NY Metropolitan Championships
92	Alyssa Montanaro	CMU	21:06.0	36	5-Sep	Duquesne Duals
93	Anna Shafer-Skelton	WU	21:12.0	4	12-Sep	Maryville Classic
94	Alyssa Wozniak	Case	21:12.1	132	19-Sep	Calvin Invitational
95	Natalie Helpern	NYU	21:14.0	90	9-Oct	NY Metropolitan Championships
96	Blair Volbers	Case	21:17.5	138	19-Sep	Calvin Invitational
97	Catie Reynolds	WU	21:18.4	33	26-Sep	Saluki Invite
98	Hilary Haefner	UR	21:20.0	30	26-Sep	Harry F. Anderson Invitational
99	Augusta Dunse	WU	21:22.0	6	12-Sep	Maryville Classic
100	Grace McAllister	UC	21:29.0	120	10-Oct	Parkside Invitational
101	Allison Bickel	WU	21:32.0	8	12-Sep	Maryville Classic
102	Laryssa Hebert	UR	21:33.0	80	10-Oct	Hamilton College Invitational

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*Performances through October 24, 2009*

Rank	Name	Team	5K Best Time	Place	Date	Meet
103	Sarah Britton	WU	21:36.3	38	26-Sep	Saluki Invite
104	Bailey Gripshover	UR	21:45.0	37	26-Sep	Harry F. Anderson Invitational
105	Rachel Borelli	EU	21:46.0	38	10-Oct	Foothills Invitational
106	Gwyneth Manser	EU	21:51.0	40	10-Oct	Foothills Invitational
107	Molly Reissman	WU	21:51.9	43	26-Sep	Saluki Invite
108	Maura Helba	Case	21:53.1	158	19-Sep	Calvin Invitational
109	Michelle Winston	UR	21:59.0	89	10-Oct	Hamilton College Invitational
110	Catherine Nadeau	UR	22:03.0	41	26-Sep	Harry F. Anderson Invitational
111	Bridget Kruszka	UR	22:05.0	75	17-Oct	U of Rochester Yellowjacket Invitational
112	Jenna Yaney	Case	22:05.5	161	19-Sep	Calvin Invitational
113	Christina Cardy	EU	22:06.7	58	5-Sep	Sewanee Invitational
114	Franca Godenzi	NYU	22:07.0	107	9-Oct	NY Metropolitan Championships
115	Ellen Anderson	UR	22:11.0	92	10-Oct	Hamilton College Invitational
116	Emily Greenwood	UC	22:12.6	141	10-Oct	Parkside Invitational
117	Chelsea Hoffman	CMU	22:21.0	62	10-Oct	Carnegie Mellon Invitational
118	Rebecca Glass	UR	22:23.0	94	10-Oct	Hamilton College Invitational
119	Christine Warner	CMU	22:32.6	67	10-Oct	Carnegie Mellon Invitational
120	Marissa Eccleston	UR	22:35.0	96	10-Oct	Hamilton College Invitational
121	Caroline Wooten	UC	22:49.4	149	10-Oct	Parkside Invitational
122	Rebecca Zarett	UR	22:52.0	103	10-Oct	Hamilton College Invitational
123	Jaclyn Lerea	UR	22:53.0	104	10-Oct	Hamilton College Invitational
124	Thea Emmons	Case	22:53.6		2-Oct	All-Ohio Championships
125	Susan Hannes	CMU	23:03.0	58	5-Sep	Duquesne Duals
126	Elizabeth Augustine	CMU	23:15.4	82	10-Oct	Carnegie Mellon Invitational
127	Caroline Wool	WU	23:18.2	52	26-Sep	Saluki Invite
128	Maryclaire Regan	EU	23:24.0	58	10-Oct	Foothills Invitational
129	Emily Rodenbush	UR	23:31.0	64	26-Sep	Harry F. Anderson Invitational
130	Kelsey Agnew	EU	23:55.6	85	5-Sep	Sewanee Invitational
131	Audrey Henkels	UC	23:56.0	54	4-Sep	Valparaiso Crusader Open
132	Lydia Popp	EU	24:02.0	68	10-Oct	Foothills Invitational
133	Stephanie Borinsky	WU	24:15.0	29	12-Sep	Maryville Classic
134	Amal El-Ghazaly	CMU	24:50.5	103	10-Oct	Carnegie Mellon Invitational
135	Kristina Nagy	Case	25:12.5		2-Oct	All-Ohio Championships

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*Performances through October 24, 2009*

Name	Team	6K Best Time	Place	Date	Meet
Erin Bisceglia	BR				
Grayce Selig	BR				
Beth Pisarik	BR				
Hannah Lindholm	BR				
Monique Girard	BR				
Marie Lemay	BR	22:47.0	5	26-Sep	Connecticut College Invitational
Alyssa Pisarik	BR	22:50.0	6	26-Sep	Connecticut College Invitational
Kate Warwick	BR	23:01.0	8	26-Sep	Connecticut College Invitational
Ally Connolly	BR	23:28.0	17	26-Sep	Connecticut College Invitational
Emily Owen	BR	23:40.0	20	26-Sep	Connecticut College Invitational
Molly Shanley	BR	24:08.0	28	26-Sep	Connecticut College Invitational
Jess Girard	BR	24:13.0	31	26-Sep	Connecticut College Invitational
Julia Alpaio	BR	24:43.0	47	26-Sep	Connecticut College Invitational
Elizabeth Augustine	CMU				
Susan Hannes	CMU				
Lisa Rising	CMU				
Christine Warner	CMU				
Emily Wobb	CMU	21:56.0	7	17-Oct	Oberlin College Inter-Regional
Courtney Baker	CMU	22:34.0	25	17-Oct	Oberlin College Inter-Regional
Jackie Altshuler	CMU	23:29.0	64	17-Oct	Oberlin College Inter-Regional
Danielle Morse	CMU	23:41.0	77	17-Oct	Oberlin College Inter-Regional
Cassie Wallace	CMU	24:10.0	96	17-Oct	Oberlin College Inter-Regional
Eva Humphrey	CMU	24:26.0	104	17-Oct	Oberlin College Inter-Regional
Lauren Sittler	CMU	24:33.0	114	17-Oct	Oberlin College Inter-Regional
Laura McKee	CMU	24:40.0	125	17-Oct	Oberlin College Inter-Regional
Alyssa Montanaro	CMU	25:21.6	6	12-Sep	Waynesburg College Invite
Chelsea Hoffman	CMU	27:46.8	25	12-Sep	Waynesburg College Invite
Amal El-Ghazaly	CMU	28:56.6	35	12-Sep	Waynesburg College Invite
Bettina Kaphingst	Case				
Abby Small	Case				
Meghan Thommes	Case				
Megan Milne	Case				
Alyssa Wozniak	Case				
Blaire Volbers	Case				
Jenna Yaney	Case				
Maura Helba	Case				
Elaine Simpson	Case	21:44.0	3	17-Oct	Inter-Regional Rumble
Justine Jeroski	Case	21:59.0	10	17-Oct	Inter-Regional Rumble
Natalia Cabrera	Case	22:13.0	16	17-Oct	Inter-Regional Rumble
Andrea Fishchione	Case	22:58.0	37	17-Oct	Inter-Regional Rumble
Colleen Heffernan	Case	23:00.0	39	17-Oct	Inter-Regional Rumble
Cindy Spahn	Case	23:15.0	49	17-Oct	Inter-Regional Rumble
Kristen Hederstrom	Case	23:30.0	66	17-Oct	Inter-Regional Rumble
Corey Bowen	Case	24:34.0	118	17-Oct	Inter-Regional Rumble
Leanne Austin	Case	24:42.0	127	17-Oct	Inter-Regional Rumble
Joy Zhu	Case	25:27.0	163	17-Oct	Inter-Regional Rumble
Thea Emmons	Case	26:10.0	62	26-Sep	Otterbein Invitational
Kristina Nagy	Case	28:53.0	119	26-Sep	Otterbein Invitational



**UNIVERSITY ATHLETIC ASSOCIATION**  
**Women's Cross Country 6K Best Times By Team**

*Performances through October 24, 2009*

Name	Team	6K Best Time	Place	Date	Meet
Liz Lawton	UC				
Becky Durling	UC				
Hannah Otalora-Fadner	UC				
Catherine Stolar	UC				
Audrey Henkels	UC				
Emily Greenwood	UC				
Caroline Wooten	UC				
Grace McAllister	UC				
Rachel Ohman	UC	21:55.1	11	17-Oct	Oshkosh Invite
Erin Cary	UC	22:48.9	55	17-Oct	Oshkosh Invite
Molly Peverada	UC	22:49.0	56	17-Oct	Oshkosh Invite
Julia Sizek	UC	22:50.4	58	17-Oct	Oshkosh Invite
Elizabeth Bright	UC	22:53.5	64	17-Oct	Oshkosh Invite
Ali Klooster	UC	23:27.8	107	17-Oct	Oshkosh Invite
Jane Simpson	UC	23:28.8	112	17-Oct	Oshkosh Invite
Laura Eberly	UC	23:41.1	126	17-Oct	Oshkosh Invite
Elsbeth Grant	UC	23:42.2	128	17-Oct	Oshkosh Invite
Sonia Khan	UC	23:44.9	131	17-Oct	Oshkosh Invite
Katie Reidy	UC	23:47.8	132	17-Oct	Oshkosh Invite
Junwei Zhu	UC	24:00.4	156	17-Oct	Oshkosh Invite
Kathryn Dwyer	UC	24:14.5	180	17-Oct	Oshkosh Invite
Jane Thomason	UC	26:38.6	353	17-Oct	Oshkosh Invite
Susana Acosta	UR				
Megan Battin	UR				
Marissa Eccleston	UR				
Sarah Gollub	UR				
Laryssa Hebert	UR				
Kelly Johnston	UR				
Lauren Norton	UR	22:43.0	4	3-Oct	Geneseo Cross Country Invitational
Megan O'Connor	UR	23:48.0	22	3-Oct	Geneseo Cross Country Invitational
Suzanne Giunta	UR	24:17.0	35	3-Oct	Geneseo Cross Country Invitational
Zarah Quinn	UR	24:18.0	36	3-Oct	Geneseo Cross Country Invitational
Lisa Cole	UR	24:25.0	39	3-Oct	Geneseo Cross Country Invitational
Allison McComb	UR	24:33.0	44	3-Oct	Geneseo Cross Country Invitational
Hillary Snyder	UR	24:36.0	46	3-Oct	Geneseo Cross Country Invitational
Meghan Ogle	UR	25:30.0	59	3-Oct	Geneseo Cross Country Invitational
Rachel Given	UR	25:37.0	64	3-Oct	Geneseo Cross Country Invitational
Rachel Twardowski	UR	25:53.0	69	3-Oct	Geneseo Cross Country Invitational
Heather Graham	UR	26:11.0	82	3-Oct	Geneseo Cross Country Invitational
Sonja Page	UR	26:14.0	84	3-Oct	Geneseo Cross Country Invitational
Kristen Fekete	UR	26:17.0	85	3-Oct	Geneseo Cross Country Invitational
Hilary Haefner	UR	26:32.0	94	3-Oct	Geneseo Cross Country Invitational
Catherine Nadeau	UR	26:59.0	114	3-Oct	Geneseo Cross Country Invitational
Bailey Gripshover	UR	27:15.0	123	3-Oct	Geneseo Cross Country Invitational
Bridget Kruszka	UR	27:15.0	117	3-Oct	Geneseo Cross Country Invitational
Ellen Anderson	UR	27:16.0	125	3-Oct	Geneseo Cross Country Invitational
Michelle Winston	UR	27:16.0	124	3-Oct	Geneseo Cross Country Invitational
Rebecca Glass	UR	28:13.0	145	3-Oct	Geneseo Cross Country Invitational
Jaclyn Lerea	UR	28:55.0	158	3-Oct	Geneseo Cross Country Invitational
Emily Rodenbush	UR	28:56.0	159	3-Oct	Geneseo Cross Country Invitational
Rebecca Zarett	UR	29:06.0	162	3-Oct	Geneseo Cross Country Invitational

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Women's Cross Country 6K Best Times By Team**

*Performances through October 24, 2009*

Name	Team	6K Best Time	Place	Date	Meet
Anna Shafer-Skelton	WU				
Stephanie Borinsky	WU				
Molly Reissman	WU				
Kelli Blake	WU				
Taryn Surtees	WU	21:03.9	6	17-Oct	Brooks Cross Country Invite
Molly Schlamb	WU	21:54.6	10	17-Oct	Brooks Cross Country Invite
Jess Londeree	WU	22:08.9	22	17-Oct	Brooks Cross Country Invite
Sangeeta Hardy	WU	22:12.0	23	17-Oct	Brooks Cross Country Invite
Bronwyn Bedrick	WU	22:33.6	43	17-Oct	Brooks Cross Country Invite
Erica Jackey	WU	22:44.6	50	17-Oct	Brooks Cross Country Invite
Brittany Cronin	WU	22:55.4	68	17-Oct	Brooks Cross Country Invite
Molly Wawrzyniak	WU	22:57.6	73	17-Oct	Brooks Cross Country Invite
Liz Stocking	WU	22:59.6	74	17-Oct	Brooks Cross Country Invite
Liz Phillips	WU	23:00.0	76	17-Oct	Brooks Cross Country Invite
Hope Rathnam	WU	23:10.6	91	17-Oct	Brooks Cross Country Invite
Lacey Vogel	WU	23:53.7	142	17-Oct	Brooks Cross Country Invite
Allison Bickel	WU	23:56.6	149	17-Oct	Brooks Cross Country Invite
Catie Reynolds	WU	24:22.0	191	17-Oct	Brooks Cross Country Invite
Augusta Dunse	WU	24:26.6	197	17-Oct	Brooks Cross Country Invite
Sarah Britton	WU	24:28.2	199	17-Oct	Brooks Cross Country Invite
Anne Correll	WU	24:31.5	207	17-Oct	Brooks Cross Country Invite
Caroline Wool	WU	27:10.0	106	10-Oct	Gibson Family XC Invitational

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Women's Cross Country 5K Best Times By Team**

*Performances through October 24, 2009*

Name	Team	5K Best Time	Place	Date	Meet
Marie Lemay	BR	18:21.0	18	17-Oct	U Albany Invitational
Grayce Selig	BR	18:24.0	8	19-Sep	Umass Dartmouth Shriner's Invit.
Kate Warwick	BR	18:32.0	12	19-Sep	Umass Dartmouth Shriner's Invit.
Hannah Lindholm	BR	18:39.6	30	17-Oct	U Albany Invitational
Ally Connolly	BR	18:43.0	37	17-Oct	U Albany Invitational
Alyssa Pisarik	BR	18:47.0	17	19-Sep	Umass Dartmouth Shriner's Invit.
Erin Bisceglia	BR	19:00.4	60	17-Oct	U Albany Invitational
Beth Pisarik	BR	19:03.0	65	10-Oct	Open New England Championships
Emily Owen	BR	19:12.3	72	17-Oct	U Albany Invitational
Molly Shanley	BR	19:21.0	2 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.
Jess Girard	BR	19:53.0	10 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.
Julia Alpaio	BR	20:11.0	12 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.
Monique Girard	BR	20:52.0	36 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.
Lisa Rising	CMU				
Emily Wobb	CMU	19:02.8	4	10-Oct	Carnegie Mellon Invitational
Courtney Baker	CMU	19:20.0	9	5-Sep	Duquesne Duals
Danielle Morse	CMU	19:59.6	11	10-Oct	Carnegie Mellon Invitational
Cassie Wallace	CMU	20:10.3	13	10-Oct	Carnegie Mellon Invitational
Jackie Altshuler	CMU	20:23.0	26	5-Sep	Duquesne Duals
Laura McKee	CMU	20:47.5	24	10-Oct	Carnegie Mellon Invitational
Lauren Sittler	CMU	20:50.7	26	10-Oct	Carnegie Mellon Invitational
Eva Humphrey	CMU	20:54.2	27	10-Oct	Carnegie Mellon Invitational
Alyssa Montanaro	CMU	21:06.0	36	5-Sep	Duquesne Duals
Chelsea Hoffman	CMU	22:21.0	62	10-Oct	Carnegie Mellon Invitational
Christine Warner	CMU	22:32.6	67	10-Oct	Carnegie Mellon Invitational
Susan Hannes	CMU	23:03.0	58	5-Sep	Duquesne Duals
Elizabeth Augustine	CMU	23:15.4	82	10-Oct	Carnegie Mellon Invitational
Amal El-Ghazaly	CMU	24:50.5	103	10-Oct	Carnegie Mellon Invitational
Elaine Simpson	Case	17:49.4	18	19-Sep	Calvin Invitational
Justine Jeroski	Case	18:28.4	32	19-Sep	Calvin Invitational
Natalia Cabrera	Case	18:49.2	44	19-Sep	Calvin Invitational
Colleen Heffernan	Case	18:56.3	53	19-Sep	Calvin Invitational
Andrea Fishchione	Case	19:26.4	86	19-Sep	Calvin Invitational
Cindy Spahn	Case	19:27.8	93	19-Sep	Calvin Invitational
Abby Small	Case	19:30.4	125	19-Sep	Calvin Invitational
Kristen Hederstrom	Case	20:03.0	77	19-Sep	Calvin Invitational
Bettina Kaphingst	Case	20:19.2	95	19-Sep	Calvin Invitational
Corey Bowen	Case	20:20.1	97	19-Sep	Calvin Invitational
Joy Zhu	Case	20:37.6	107	19-Sep	Calvin Invitational
Meghan Thommes	Case	20:40.2	110	19-Sep	Calvin Invitational
Leanne Austin	Case	20:45.0	114	19-Sep	Calvin Invitational
Megan Milne	Case	20:55.0	123	19-Sep	Calvin Invitational
Alyssa Wozniak	Case	21:12.1	132	19-Sep	Calvin Invitational
Blaire Volbers	Case	21:17.5	138	19-Sep	Calvin Invitational
Maura Helba	Case	21:53.1	158	19-Sep	Calvin Invitational
Jenna Yaney	Case	22:05.5	161	19-Sep	Calvin Invitational
Thea Emmons	Case	22:53.6		2-Oct	All-Ohio Championships
Kristina Nagy	Case	25:12.5		2-Oct	All-Ohio Championships

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Women's Cross Country 5K Best Times By Team**

*Performances through October 24, 2009*

Name	Team	5K Best Time	Place	Date	Meet
Cassandra Gonzales	EU				
Rebecca Flink	EU	18:45.0	1	10-Oct	Foothills Invitational
Tess Gallegos	EU	18:55.0	2	10-Oct	Foothills Invitational
Natalie Fenn	EU	19:10.0	4	10-Oct	Foothills Invitational
Melanie Frank	EU	19:21.0	6	10-Oct	Foothills Invitational
Jenny Feinberg	EU	19:27.0	7	10-Oct	Foothills Invitational
Calley Edwards	EU	19:50.0	10	10-Oct	Foothills Invitational
Sabrina Jeppson	EU	19:55.0	11	10-Oct	Foothills Invitational
Colleen Campbell	EU	20:04.0	14	10-Oct	Foothills Invitational
Sara Gelb	EU	20:05.2	14	5-Sep	Sewanee Invitational
Olivia D'Angelo	EU	20:12.0	17	10-Oct	Foothills Invitational
Rachel Rosenthal	EU	20:58.0	26	10-Oct	Foothills Invitational
Rachel Borelli	EU	21:46.0	38	10-Oct	Foothills Invitational
Gwyneth Manser	EU	21:51.0	40	10-Oct	Foothills Invitational
Christina Cardy	EU	22:06.7	58	5-Sep	Sewanee Invitational
Maryclaire Regan	EU	23:24.0	58	10-Oct	Foothills Invitational
Kelsey Agnew	EU	23:55.6	85	5-Sep	Sewanee Invitational
Lydia Popp	EU	24:02.0	68	10-Oct	Foothills Invitational
Brittany Arcaris	NYU				
Kasey Bush	NYU				
Tory Dille	NYU				
Kelsey Holland	NYU				
Kendell Jackson	NYU				
Kimberly McNally	NYU				
Samantha Raymond	NYU				
Joan Kanarkiewicz	NYU	18:26.0	5	9-Oct	NY Metropolitan Championships
Kirsten Keller	NYU	18:37.0	10	9-Oct	NY Metropolitan Championships
Kerra Vick	NYU	19:31.0	34	9-Oct	NY Metropolitan Championships
Maeve Evans	NYU	19:34.0	36	9-Oct	NY Metropolitan Championships
Laura Santoski	NYU	19:49.0	43	9-Oct	NY Metropolitan Championships
Paige Zelinsky	NYU	19:55.0	45	9-Oct	NY Metropolitan Championships
Hannah Satzke	NYU	19:56.0	46	9-Oct	NY Metropolitan Championships
Katharine Wang	NYU	20:57.0	80	9-Oct	NY Metropolitan Championships
Emily Olsen	NYU	20:58.0	81	9-Oct	NY Metropolitan Championships
Natalie Helpert	NYU	21:14.0	90	9-Oct	NY Metropolitan Championships
Franca Godenzi	NYU	22:07.0	107	9-Oct	NY Metropolitan Championships

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Women's Cross Country 5K Best Times By Team**

*Performances through October 24, 2009*

Name	Team	5K Best Time	Place	Date	Meet
Liz Lawton	UC	18:10.0	5	18-Sep	Illinois Intercollegiate Champs
Rachel Ohman	UC	18:37.0	18	18-Sep	Illinois Intercollegiate Champs
Elizabeth Bright	UC	19:16.0	44	18-Sep	Illinois Intercollegiate Champs
Julia Sizek	UC	19:17.0	45	18-Sep	Illinois Intercollegiate Champs
Jane Simpson	UC	19:32.0	64	18-Sep	Illinois Intercollegiate Champs
Molly Peverada	UC	19:32.8	36	10-Oct	Parkside Invitational
Erin Cary	UC	19:38.0	69	18-Sep	Illinois Intercollegiate Champs
Laura Eberly	UC	19:47.0	77	18-Sep	Illinois Intercollegiate Champs
Jane Thomason	UC	19:51.0	78	18-Sep	Illinois Intercollegiate Champs
Ali Klooster	UC	20:04.2	64	10-Oct	Parkside Invitational
Sonia Khan	UC	20:14.0	26	4-Sep	Valparaiso Crusader Open
Kathryn Dwyer	UC	20:17.4	77	10-Oct	Parkside Invitational
Elsbeth Grant	UC	20:20.0	113	18-Sep	Illinois Intercollegiate Champs
Katie Reidy	UC	20:22.0	116	18-Sep	Illinois Intercollegiate Champs
Junwei Zhu	UC	20:23.1	83	10-Oct	Parkside Invitational
Becky Durling	UC	20:25.0	28	4-Sep	Valparaiso Crusader Open
Hannah Otalora-Fadner	UC	20:49.0	144	18-Sep	Illinois Intercollegiate Champs
Catherine Stolar	UC	20:56.9	103	10-Oct	Parkside Invitational
Grace McAllister	UC	21:29.0	120	10-Oct	Parkside Invitational
Emily Greenwood	UC	22:12.6	141	10-Oct	Parkside Invitational
Caroline Wooten	UC	22:49.4	149	10-Oct	Parkside Invitational
Audrey Henkels	UC	23:56.0	54	4-Sep	Valparaiso Crusader Open
Susana Acosta	UR				
Sarah Gollub	UR				
Kelly Johnston	UR				
Lauren Norton	UR	18:49.0	9	17-Oct	U of Rochester Yellowjacket Invitational
Allison McComb	UR	19:08.0	12	10-Oct	Hamilton College Invitational
Lisa Cole	UR	19:15.0	19	17-Oct	U of Rochester Yellowjacket Invitational
Megan O'Connor	UR	19:16.0	17	10-Oct	Hamilton College Invitational
Hillary Snyder	UR	19:24.0	19	10-Oct	Hamilton College Invitational
Zarah Quinn	UR	19:26.0	20	10-Oct	Hamilton College Invitational
Suzanne Giunta	UR	19:41.0	26	10-Oct	Hamilton College Invitational
Heather Graham	UR	20:10.0	32	24-Oct	NYSCTC Championships
Kristen Fekete	UR	20:22.0	16	26-Sep	Harry F. Anderson Invitational
Rachel Given	UR	20:39.0	51	10-Oct	Hamilton College Invitational
Megan Battin	UR	20:49.0	57	10-Oct	Hamilton College Invitational
Rachel Twardowski	UR	20:50.0	25	26-Sep	Harry F. Anderson Invitational
Sonja Page	UR	20:52.0	26	26-Sep	Harry F. Anderson Invitational
Meghan Ogle	UR	20:56.0	55	19-Sep	U of Buffalo Stampede Invite
Hilary Haefner	UR	21:20.0	30	26-Sep	Harry F. Anderson Invitational
Laryssa Hebert	UR	21:33.0	80	10-Oct	Hamilton College Invitational
Bailey Gripshover	UR	21:45.0	37	26-Sep	Harry F. Anderson Invitational
Michelle Winston	UR	21:59.0	89	10-Oct	Hamilton College Invitational
Catherine Nadeau	UR	22:03.0	41	26-Sep	Harry F. Anderson Invitational
Bridget Kruszka	UR	22:05.0	75	17-Oct	U of Rochester Yellowjacket Invitational
Ellen Anderson	UR	22:11.0	92	10-Oct	Hamilton College Invitational
Rebecca Glass	UR	22:23.0	94	10-Oct	Hamilton College Invitational
Marissa Eccleston	UR	22:35.0	96	10-Oct	Hamilton College Invitational
Rebecca Zarett	UR	22:52.0	103	10-Oct	Hamilton College Invitational
Jaclyn Lerea	UR	22:53.0	104	10-Oct	Hamilton College Invitational
Emily Rodenbush	UR	23:31.0	64	26-Sep	Harry F. Anderson Invitational

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Women's Cross Country 5K Best Times By Team**

*Performances through October 24, 2009*

Name	Team	5K Best Time	Place	Date	Meet
Taryn Surtees	WU	18:04.3	21	3-Oct	Greater Louisville XC Classic
Molly Schlamb	WU	18:14.8	30	3-Oct	Greater Louisville XC Classic
Jess Londeree	WU	18:44.3	67	3-Oct	Greater Louisville XC Classic
Sangeeta Hardy	WU	18:55.9	83	3-Oct	Greater Louisville XC Classic
Liz Phillips	WU	19:03.0	6	26-Sep	Saluki Invite
Erica Jackey	WU	19:11.3	100	3-Oct	Greater Louisville XC Classic
Bronwyn Bedrick	WU	19:16.5	110	3-Oct	Greater Louisville XC Classic
Molly Wawrzyniak	WU	19:22.2	122	3-Oct	Greater Louisville XC Classic
Brittany Cronin	WU	19:26.7	130	3-Oct	Greater Louisville XC Classic
Anne Correll	WU	19:37.4	152	3-Oct	Greater Louisville XC Classic
Lacey Vogel	WU	19:50.3	31*	3-Oct	Greater Louisville XC Classic
Liz Stocking	WU	20:00.3	35*	3-Oct	Greater Louisville XC Classic
Hope Rathnam	WU	20:19.2	47*	3-Oct	Greater Louisville XC Classic
Kelli Blake	WU	20:44.7	29	26-Sep	Saluki Invite
Anna Shafer-Skelton	WU	21:12.0	4	12-Sep	Maryville Classic
Catie Reynolds	WU	21:18.4	33	26-Sep	Saluki Invite
Augusta Dunse	WU	21:22.0	6	12-Sep	Maryville Classic
Allison Bickel	WU	21:32.0	8	12-Sep	Maryville Classic
Sarah Britton	WU	21:36.3	38	26-Sep	Saluki Invite
Molly Reissman	WU	21:51.9	43	26-Sep	Saluki Invite
Caroline Wool	WU	23:18.2	52	26-Sep	Saluki Invite
Stephanie Borinsky	WU	24:15.0	29	12-Sep	Maryville Classic

**UNIVERSITY ATHLETIC ASSOCIATION  
Weekly Cross Country Team Results**

**Women's Team: Brandeis University**

Date: October 24, 2009

Meet: Did Not Compete

Distance: \_\_\_\_\_

Winning Time: \_\_\_\_\_

Number of Teams in Field: \_\_\_\_\_

Team Finish: \_\_\_\_\_

Top Five Teams: \_\_\_\_\_

Type of Course: \_\_\_\_\_

Weather: \_\_\_\_\_

**Current Week Performances**

Name	Time	Place
Grayce Selig		
Marie Lemay		
Kate Warwick		
Ally Connolly		
Erin Bisceglia		
Alyssa Pisarik		
Beth Pisarik		
Hannah Lindholm		
Emily Owen		
Jess Girard		
Julia Alpaio		
Molly Shanley		
Monique Girard		

**Year-to-Date 6K Personal Best Performances**

Name	Team	6K Best Time	Place	Date	Meet
Grayce Selig	BR				
Marie Lemay	BR	22:47.0	5	26-Sep	Connecticut College Invitational
Kate Warwick	BR	23:01.0	8	26-Sep	Connecticut College Invitational
Ally Connolly	BR	23:28.0	17	26-Sep	Connecticut College Invitational
Erin Bisceglia	BR				
Alyssa Pisarik	BR	22:50.0	6	26-Sep	Connecticut College Invitational
Beth Pisarik	BR				
Hannah Lindholm	BR				
Emily Owen	BR	23:40.0	20	26-Sep	Connecticut College Invitational
Jess Girard	BR	24:13.0	31	26-Sep	Connecticut College Invitational
Julia Alpaio	BR	24:43.0	47	26-Sep	Connecticut College Invitational
Molly Shanley	BR	24:08.0	28	26-Sep	Connecticut College Invitational
Monique Girard	BR				

**Year-to-Date 5K Personal Best Performances**

Name	Team	5K Best Time	Place	Date	Meet
Grayce Selig	BR	18:24.0	8	19-Sep	Umass Dartmouth Shriner's Invit.
Marie Lemay	BR	18:21.0	18	17-Oct	U Albany Invitational
Kate Warwick	BR	18:32.0	12	19-Sep	Umass Dartmouth Shriner's Invit.
Ally Connolly	BR	18:43.0	37	17-Oct	U Albany Invitational
Erin Bisceglia	BR	19:00.4	60	17-Oct	U Albany Invitational
Alyssa Pisarik	BR	18:47.0	17	19-Sep	Umass Dartmouth Shriner's Invit.
Beth Pisarik	BR	19:03.0	65	10-Oct	Open New England Championships
Hannah Lindholm	BR	18:39.6	30	17-Oct	U Albany Invitational
Emily Owen	BR	19:12.3	72	17-Oct	U Albany Invitational
Jess Girard	BR	19:53.0	10 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.
Julia Alpaio	BR	20:11.0	12 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.
Molly Shanley	BR	19:21.0	2 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.
Monique Girard	BR	20:52.0	36 (JV)	19-Sep	Umass Dartmouth Shriner's Invit.

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Weekly Cross Country Team Results**

**Women's Team: Carnegie Mellon University**

Date: October 24, 2009

Meet: Did Not Compete

Distance: \_\_\_\_\_

Winning Time: \_\_\_\_\_

Number of Teams in Field: \_\_\_\_\_

Team Finish: \_\_\_\_\_

Top Five Teams: \_\_\_\_\_

Type of Course: \_\_\_\_\_

Weather: \_\_\_\_\_

**Current Week Performances**

Name	Time	Place
Jackie Altshuler		
Elizabeth Augustine		
Courtney Baker		
Amal El-Ghazaly		
Susan Hannes		
Chelsea Hoffman		
Eva Humphrey		
Laura McKee		
Alyssa Montanaro		
Danielle Morse		
Lisa Rising		
Lauren Sittler		
Cassie Wallace		
Christine Warner		
Emily Wobb		

**Year-to-Date 6K Personal Best Performances**

Name	Team	6K Best Time	Place	Date	Meet
Jackie Altshuler	CMU	23:29.0	64	17-Oct	Oberlin College Inter-Regional
Elizabeth Augustine	CMU				
Courtney Baker	CMU	22:34.0	25	17-Oct	Oberlin College Inter-Regional
Amal El-Ghazaly	CMU	28:56.6	35	12-Sep	Waynesburg College Invite
Susan Hannes	CMU				
Chelsea Hoffman	CMU	27:46.8	25	12-Sep	Waynesburg College Invite
Eva Humphrey	CMU	24:26.0	104	17-Oct	Oberlin College Inter-Regional
Laura McKee	CMU	24:40.0	125	17-Oct	Oberlin College Inter-Regional
Alyssa Montanaro	CMU	25:21.6	6	12-Sep	Waynesburg College Invite
Danielle Morse	CMU	23:41.0	77	17-Oct	Oberlin College Inter-Regional
Lisa Rising	CMU				
Lauren Sittler	CMU	24:33.0	114	17-Oct	Oberlin College Inter-Regional
Cassie Wallace	CMU	24:10.0	96	17-Oct	Oberlin College Inter-Regional
Christine Warner	CMU				
Emily Wobb	CMU	21:56.0	7	17-Oct	Oberlin College Inter-Regional

**Year-to-Date 5K Personal Best Performances**

Name	Team	5K Best Time	Place	Date	Meet
Jackie Altshuler	CMU	20:23.0	26	5-Sep	Duquesne Duals
Elizabeth Augustine	CMU	23:15.4	82	10-Oct	Carnegie Mellon Invitational
Courtney Baker	CMU	19:20.0	9	5-Sep	Duquesne Duals
Amal El-Ghazaly	CMU	24:50.5	103	10-Oct	Carnegie Mellon Invitational
Susan Hannes	CMU	23:03.0	58	5-Sep	Duquesne Duals
Chelsea Hoffman	CMU	22:21.0	62	10-Oct	Carnegie Mellon Invitational
Eva Humphrey	CMU	20:54.2	27	10-Oct	Carnegie Mellon Invitational
Laura McKee	CMU	20:47.5	24	10-Oct	Carnegie Mellon Invitational
Alyssa Montanaro	CMU	21:06.0	36	5-Sep	Duquesne Duals
Danielle Morse	CMU	19:59.6	11	10-Oct	Carnegie Mellon Invitational
Lisa Rising	CMU				
Lauren Sittler	CMU	20:50.7	26	10-Oct	Carnegie Mellon Invitational
Cassie Wallace	CMU	20:10.3	13	10-Oct	Carnegie Mellon Invitational
Christine Warner	CMU	22:32.6	67	10-Oct	Carnegie Mellon Invitational
Emily Wobb	CMU	19:02.8	4	10-Oct	Carnegie Mellon Invitational

**UNIVERSITY ATHLETIC ASSOCIATION  
Weekly Cross Country Team Results**

**Women's Team: Case Western Reserve University**

Date: October 24, 2009

Meet: Did Not Compete

Distance: \_\_\_\_\_

Winning Time: \_\_\_\_\_

Number of Teams in Field: \_\_\_\_\_

Team Finish: \_\_\_\_\_

Top Five Teams: \_\_\_\_\_

Type of Course: \_\_\_\_\_

Weather: \_\_\_\_\_

**Current Week Performances**

Name	Time	Place
Elaine Simpson		
Colleen Heffernan		
Natalia Cabrera		
Cindy Spahn		
Kristen Hederstrom		
Bettina Kaphingst		
Joy Zhu		
Abby Small		
Corey Bowen		
Leanne Austin		
Meghan Thommes		
Megan Milne		
Alyssa Wozniak		
Blaire Volbers		
Jenna Yaney		
Maura Helba		
Andrea Fishchione		
Justine Jeroski		
Thea Emmons		
Kristina Nagy		

**Year-to-Date 6K Personal Best Performances**

Name	Team	6K Best Time	Place	Date	Meet
Elaine Simpson	Case	21:44.0	3	17-Oct	Inter-Regional Rumble
Colleen Heffernan	Case	23:00.0	39	17-Oct	Inter-Regional Rumble
Natalia Cabrera	Case	22:13.0	16	17-Oct	Inter-Regional Rumble
Cindy Spahn	Case	23:15.0	49	17-Oct	Inter-Regional Rumble
Kristen Hederstrom	Case	23:30.0	66	17-Oct	Inter-Regional Rumble
Bettina Kaphingst	Case				
Joy Zhu	Case	25:27.0	163	17-Oct	Inter-Regional Rumble
Abby Small	Case				
Corey Bowen	Case	24:34.0	118	17-Oct	Inter-Regional Rumble
Leanne Austin	Case	24:42.0	127	17-Oct	Inter-Regional Rumble
Meghan Thommes	Case				
Megan Milne	Case				
Alyssa Wozniak	Case				
Blaire Volbers	Case				
Jenna Yaney	Case				
Maura Helba	Case				
Andrea Fishchione	Case	22:58.0	37	17-Oct	Inter-Regional Rumble
Justine Jeroski	Case	21:59.0	10	17-Oct	Inter-Regional Rumble
Thea Emmons	Case	26:10.0	62	26-Sep	Otterbein Invitational
Kristina Nagy	Case	28:53.0	119	26-Sep	Otterbein Invitational

**Year-to-Date 5K Personal Best Performances**

Name	Team	5K Best Time	Place	Date	Meet
Elaine Simpson	Case	17:49.4	18	19-Sep	Calvin Invitational
Colleen Heffernan	Case	18:56.3	53	19-Sep	Calvin Invitational
Natalia Cabrera	Case	18:49.2	44	19-Sep	Calvin Invitational
Cindy Spahn	Case	19:27.8	93	19-Sep	Calvin Invitational
Kristen Hederstrom	Case	20:03.0	77	19-Sep	Calvin Invitational
Bettina Kaphingst	Case	20:19.2	95	19-Sep	Calvin Invitational
Joy Zhu	Case	20:37.6	107	19-Sep	Calvin Invitational
Abby Small	Case	19:30.4	125	19-Sep	Calvin Invitational
Corey Bowen	Case	20:20.1	97	19-Sep	Calvin Invitational
Leanne Austin	Case	20:45.0	114	19-Sep	Calvin Invitational
Meghan Thommes	Case	20:40.2	110	19-Sep	Calvin Invitational
Megan Milne	Case	20:55.0	123	19-Sep	Calvin Invitational
Alyssa Wozniak	Case	21:12.1	132	19-Sep	Calvin Invitational
Blaire Volbers	Case	21:17.5	138	19-Sep	Calvin Invitational
Jenna Yaney	Case	22:05.5	161	19-Sep	Calvin Invitational
Maura Helba	Case	21:53.1	158	19-Sep	Calvin Invitational
Andrea Fishchione	Case	19:26.4	86	19-Sep	Calvin Invitational
Justine Jeroski	Case	18:28.4	32	19-Sep	Calvin Invitational
Thea Emmons	Case	22:53.6		2-Oct	All-Ohio Championships
Kristina Nagy	Case	25:12.5		2-Oct	All-Ohio Championships

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Weekly Cross Country Team Results**

**Women's Team: Emory University**

Date: October 24, 2009

Meet: Did Not Compete

Distance: \_\_\_\_\_

Winning Time: \_\_\_\_\_

Number of Teams in Field: \_\_\_\_\_

Team Finish: \_\_\_\_\_

Top Five Teams: \_\_\_\_\_

Type of Course: \_\_\_\_\_

Weather: \_\_\_\_\_

**Current Week Performances**

Name	Time	Place
Kelsey Agnew		
Rachel Borelli		
Colleen Campbell		
Christina Cardy		
Olivia D'Angelo		
Calley Edwards		
Jenny Feinberg		
Natalie Fenn		
Rebecca Flink		
Melanie Frank		
Tess Gallegos		
Sara Gelb		
Cassandra Gonzales		
Sabrina Jeppson		
Gwyneth Manser		
Lydia Popp		
Maryclaire Regan		
Rachel Rosenthal		

**Year-to-Date 6K Personal Best Performances**

Name	Team	6K Best Time	Place	Date	Meet
Kelsey Agnew	EU				
Rachel Borelli	EU	26:04.0	26	17-Oct	Quaker Invitational
Colleen Campbell	EU	23:55.0	7	17-Oct	Quaker Invitational
Christina Cardy	EU	25:09.0	20	17-Oct	Quaker Invitational
Olivia D'Angelo	EU	24:12.0	11	17-Oct	Quaker Invitational
Calley Edwards	EU	23:33.0	3	17-Oct	Quaker Invitational
Jenny Feinberg	EU	23:15.0	1	17-Oct	Quaker Invitational
Natalie Fenn	EU	24:11.0	50	26-Sep	Griak Invitational
Rebecca Flink	EU	23:50.0	32	26-Sep	Griak Invitational
Melanie Frank	EU	24:02.0	9	17-Oct	Quaker Invitational
Tess Gallegos	EU	23:27.0	2	17-Oct	Quaker Invitational
Sara Gelb	EU	23:42.0	5	17-Oct	Quaker Invitational
Cassandra Gonzales	EU				
Sabrina Jeppson	EU	24:04.0	10	17-Oct	Quaker Invitational
Gwyneth Manser	EU	25:50.0	24	17-Oct	Quaker Invitational
Lydia Popp	EU	29:10.0	63	17-Oct	Quaker Invitational
Maryclaire Regan	EU	26:52.0	36	17-Oct	Quaker Invitational
Rachel Rosenthal	EU	25:06.0	19	17-Oct	Quaker Invitational

**Year-to-Date 5K Personal Best Performances**

Name	Team	5K Best Time	Place	Date	Meet
Kelsey Agnew	EU	23:55.6	85	5-Sep	Sewanee Invitational
Rachel Borelli	EU	21:46.0	38	10-Oct	Foothills Invitational
Colleen Campbell	EU	20:04.0	14	10-Oct	Foothills Invitational
Christina Cardy	EU	22:06.7	58	5-Sep	Sewanee Invitational
Olivia D'Angelo	EU	20:12.0	17	10-Oct	Foothills Invitational
Calley Edwards	EU	19:50.0	10	10-Oct	Foothills Invitational
Jenny Feinberg	EU	19:27.0	7	10-Oct	Foothills Invitational
Natalie Fenn	EU	19:10.0	4	10-Oct	Foothills Invitational
Rebecca Flink	EU	18:45.0	1	10-Oct	Foothills Invitational
Melanie Frank	EU	19:21.0	6	10-Oct	Foothills Invitational
Tess Gallegos	EU	18:55.0	2	10-Oct	Foothills Invitational
Sara Gelb	EU	20:05.2	14	5-Sep	Sewanee Invitational
Cassandra Gonzales	EU				
Sabrina Jeppson	EU	19:55.0	11	10-Oct	Foothills Invitational
Gwyneth Manser	EU	21:51.0	40	10-Oct	Foothills Invitational
Lydia Popp	EU	24:02.0	68	10-Oct	Foothills Invitational
Maryclaire Regan	EU	23:24.0	58	10-Oct	Foothills Invitational
Rachel Rosenthal	EU	20:58.0	26	10-Oct	Foothills Invitational

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Weekly Cross Country Team Results**

**Women's Team: New York University**

Date: October 24, 2009

Meet: Did Not Compete

Distance: \_\_\_\_\_

Winning Time: \_\_\_\_\_

Number of Teams in Field: \_\_\_\_\_

Team Finish: \_\_\_\_\_

Top Five Teams: \_\_\_\_\_

Type of Course: \_\_\_\_\_

Weather: \_\_\_\_\_

**Current Week Performances**

Name	Time	Place
Brittany Arcaris		
Kasey Bush		
Tory Dille		
Maeve Evans		
Franca Godenzi		
Natalie Helpern		
Kelsey Holland		
Kendell Jackson		
Joan Kanarkiewicz		
Kirsten Keller		
Kimberly McNally		
Emily Olsen		
Samantha Raymond		
Laura Santoski		
Hannah Satzke		
Kerra Vick		
Katharine Wang		
Paige Zelinsky		

**Year-to-Date 6K Personal Best Performances**

Name	Team	6K Best Time	Place	Date	Meet
Brittany Arcaris	NYU				
Kasey Bush	NYU				
Tory Dille	NYU				
Maeve Evans	NYU	23:07.0	42	17-Oct	Inter Regional Rumble
Franca Godenzi	NYU				
Natalie Helpern	NYU	25:53.0	92	26-Sep	Williams Coll. Purple Valley Classic
Kelsey Holland	NYU				
Kendell Jackson	NYU				
Joan Kanarkiewicz	NYU	22:01.0	11	17-Oct	Inter Regional Rumble
Kirsten Keller	NYU	22:25.0	21	17-Oct	Inter Regional Rumble
Kimberly McNally	NYU				
Emily Olsen	NYU	25:42.0	87	26-Sep	Williams Coll. Purple Valley Classic
Samantha Raymond	NYU				
Laura Santoski	NYU	23:31.0	67	17-Oct	Inter Regional Rumble
Hannah Satzke	NYU	23:35.0	70	17-Oct	Inter Regional Rumble
Kerra Vick	NYU	23:13.0	47	17-Oct	Inter Regional Rumble
Katharine Wang	NYU				
Paige Zelinsky	NYU	23:21.0	53	17-Oct	Inter Regional Rumble

**Year-to-Date 5K Personal Best Performances**

Name	Team	5K Best Time	Place	Date	Meet
Brittany Arcaris	NYU				
Kasey Bush	NYU				
Tory Dille	NYU				
Maeve Evans	NYU	19:34.0	36	9-Oct	NY Metropolitan Championships
Franca Godenzi	NYU	22:07.0	107	9-Oct	NY Metropolitan Championships
Natalie Helpern	NYU	21:14.0	90	9-Oct	NY Metropolitan Championships
Kelsey Holland	NYU				
Kendell Jackson	NYU				
Joan Kanarkiewicz	NYU	18:26.0	5	9-Oct	NY Metropolitan Championships
Kirsten Keller	NYU	18:37.0	10	9-Oct	NY Metropolitan Championships
Kimberly McNally	NYU				
Emily Olsen	NYU	20:58.0	81	9-Oct	NY Metropolitan Championships
Samantha Raymond	NYU				
Laura Santoski	NYU	19:49.0	43	9-Oct	NY Metropolitan Championships
Hannah Satzke	NYU	19:56.0	46	9-Oct	NY Metropolitan Championships
Kerra Vick	NYU	19:31.0	34	9-Oct	NY Metropolitan Championships
Katharine Wang	NYU	20:57.0	80	9-Oct	NY Metropolitan Championships
Paige Zelinsky	NYU	19:55.0	45	9-Oct	NY Metropolitan Championships

**UNIVERSITY ATHLETIC ASSOCIATION  
Weekly Cross Country Team Results**

**Women's Team: University of Chicago**

Date: October 24, 2009

Meet: Did Not Compete

Distance: \_\_\_\_\_

Winning Time: \_\_\_\_\_

Number of Teams in Field: \_\_\_\_\_

Team Finish: \_\_\_\_\_

Top Five Teams: \_\_\_\_\_

Type of Course: \_\_\_\_\_

Weather: \_\_\_\_\_

**Current Week Performances**

Name	Time	Place
Liz Lawton		
Rachel Ohman		
Elizabeth Bright		
Julia Sizek		
Erin Cary		
Molly Peverada		
Sonia Khan		
Becky Durling		
Jane Thomason		
Jane Simpson		
Katie Reidy		
Laura Eberly		
Hannah Otolora-Fadner		
Catherine Stolar		
Elsbeth Grant		
Kathryn Dwyer		
Audrey Henkels		
Ali Klooster		
Emily Greenwood		
Caroline Wooten		
Junwei Zhu		
Grace McAllister		

**Year-to-Date 6K Personal Best Performances**

Name	Team	6K Best Time	Place	Date	Meet
Liz Lawton	UC				
Rachel Ohman	UC	21:55.1	11	17-Oct	Oshkosh Invite
Elizabeth Bright	UC	22:53.5	64	17-Oct	Oshkosh Invite
Julia Sizek	UC	22:50.4	58	17-Oct	Oshkosh Invite
Erin Cary	UC	22:48.9	55	17-Oct	Oshkosh Invite
Molly Peverada	UC	22:49.0	56	17-Oct	Oshkosh Invite
Sonia Khan	UC	23:44.9	131	17-Oct	Oshkosh Invite
Becky Durling	UC				
Jane Thomason	UC	26:38.6	353	17-Oct	Oshkosh Invite
Jane Simpson	UC	23:28.8	112	17-Oct	Oshkosh Invite
Katie Reidy	UC	23:47.8	132	17-Oct	Oshkosh Invite
Laura Eberly	UC	23:41.1	126	17-Oct	Oshkosh Invite
Hannah Otolora-Fadner	UC				
Catherine Stolar	UC				
Elsbeth Grant	UC	23:42.2	128	17-Oct	Oshkosh Invite
Kathryn Dwyer	UC	24:14.5	180	17-Oct	Oshkosh Invite
Audrey Henkels	UC				
Ali Klooster	UC	23:27.8	107	17-Oct	Oshkosh Invite
Emily Greenwood	UC				
Caroline Wooten	UC				
Junwei Zhu	UC	24:00.4	156	17-Oct	Oshkosh Invite
Grace McAllister	UC				

**Year-to-Date 5K Personal Best Performances**

Name	Team	5K Best Time	Place	Date	Meet
Liz Lawton	UC	18:10.0	5	18-Sep	Illinois Intercollegiate Champs
Rachel Ohman	UC	18:37.0	18	18-Sep	Illinois Intercollegiate Champs
Elizabeth Bright	UC	19:16.0	44	18-Sep	Illinois Intercollegiate Champs
Julia Sizek	UC	19:17.0	45	18-Sep	Illinois Intercollegiate Champs
Erin Cary	UC	19:38.0	69	18-Sep	Illinois Intercollegiate Champs
Molly Peverada	UC	19:32.8	36	10-Oct	Parkside Invitational
Sonia Khan	UC	20:14.0	26	4-Sep	Valparaiso Crusader Open
Becky Durling	UC	20:25.0	28	4-Sep	Valparaiso Crusader Open
Jane Thomason	UC	19:51.0	78	18-Sep	Illinois Intercollegiate Champs
Jane Simpson	UC	19:32.0	64	18-Sep	Illinois Intercollegiate Champs
Katie Reidy	UC	20:22.0	116	18-Sep	Illinois Intercollegiate Champs
Laura Eberly	UC	19:47.0	77	18-Sep	Illinois Intercollegiate Champs
Hannah Otolora-Fadner	UC	20:49.0	144	18-Sep	Illinois Intercollegiate Champs
Catherine Stolar	UC	20:56.9	103	10-Oct	Parkside Invitational
Elsbeth Grant	UC	20:20.0	113	18-Sep	Illinois Intercollegiate Champs
Kathryn Dwyer	UC	20:17.4	77	10-Oct	Parkside Invitational
Audrey Henkels	UC	23:56.0	54	4-Sep	Valparaiso Crusader Open
Ali Klooster	UC	20:04.2	64	10-Oct	Parkside Invitational
Emily Greenwood	UC	22:12.6	141	10-Oct	Parkside Invitational
Caroline Wooten	UC	22:49.4	149	10-Oct	Parkside Invitational
Junwei Zhu	UC	20:23.1	83	10-Oct	Parkside Invitational
Grace McAllister	UC	21:29.0	120	10-Oct	Parkside Invitational

**UNIVERSITY ATHLETIC ASSOCIATION  
Weekly Cross Country Team Results**

**Women's Team: University of Rochester**

Date: October 24, 2009

Meet: NYSCTC Championships

Distance: 5K

Winning Time: 18:02.6

Number of Teams in Field: 10

Team Finish: 3

Top Five Teams: St. Lawrence, RPI, UR, Ithaca, Hamilton

Type of Course: wet grass, some road crossings, hills

Weather: 60 degrees

**Current Week Performances**

Name	Time	Place
Susana Acosta		
Ellen Anderson		
Lisa Cole	19:53.0	22
Megan Battin	21:29.0	68
Marissa Eccleston		
Kristen Fekete		
Rachel Given	21:18.0	64
Suzanne Giunta	19:59.0	24
Sarah Gollub		
Heather Graham	20:10.0	32
Bailey Gripshover		
Hilary Haefner		
Laryssa Hebert		
Kelly Johnston		
Bridget Kruszka		
Jaelyn Lerea		
Allison McComb	19:44.0	21
Catherine Nadeau		
Lauren Norton	18:51.0	5
Megan O'Connor	19:40.0	20
Meghan Ogle	21:06.0	57
Sonja Page	21:26.0	58
Zarah Quinn	20:48.0	51
Emily Rodenbush		
Hillary Snyder	19:26.0	14
Rachel Twardowski	21:58.0	77
Michelle Winston		
Rebecca Zarett		
Rebecca Glass		

**Year-to-Date 6K Personal Best Performances**

Name	Team	6K Best Time	Place	Date	Meet
Susana Acosta	UR				
Ellen Anderson	UR	27:16.0	125	3-Oct	Geneseo Cross Country Invitational
Lisa Cole	UR	24:25.0	39	3-Oct	Geneseo Cross Country Invitational
Megan Battin	UR				
Marissa Eccleston	UR				
Kristen Fekete	UR	26:17.0	85	3-Oct	Geneseo Cross Country Invitational
Rachel Given	UR	25:37.0	64	3-Oct	Geneseo Cross Country Invitational
Suzanne Giunta	UR	24:17.0	35	3-Oct	Geneseo Cross Country Invitational
Sarah Gollub	UR				
Heather Graham	UR	26:11.0	82	3-Oct	Geneseo Cross Country Invitational
Bailey Gripshover	UR	27:15.0	123	3-Oct	Geneseo Cross Country Invitational
Hilary Haefner	UR	26:32.0	94	3-Oct	Geneseo Cross Country Invitational
Laryssa Hebert	UR				
Kelly Johnston	UR				
Bridget Kruszka	UR	27:15.0	117	3-Oct	Geneseo Cross Country Invitational
Jaelyn Lerea	UR	28:55.0	158	3-Oct	Geneseo Cross Country Invitational
Allison McComb	UR	24:33.0	44	3-Oct	Geneseo Cross Country Invitational
Catherine Nadeau	UR	26:59.0	114	3-Oct	Geneseo Cross Country Invitational
Lauren Norton	UR	22:43.0	4	3-Oct	Geneseo Cross Country Invitational
Megan O'Connor	UR	23:48.0	22	3-Oct	Geneseo Cross Country Invitational
Meghan Ogle	UR	25:30.0	59	3-Oct	Geneseo Cross Country Invitational
Sonja Page	UR	26:14.0	84	3-Oct	Geneseo Cross Country Invitational
Zarah Quinn	UR	24:18.0	36	3-Oct	Geneseo Cross Country Invitational
Emily Rodenbush	UR	28:56.0	159	3-Oct	Geneseo Cross Country Invitational
Hillary Snyder	UR	24:36.0	46	3-Oct	Geneseo Cross Country Invitational
Rachel Twardowski	UR	25:53.0	69	3-Oct	Geneseo Cross Country Invitational
Michelle Winston	UR	27:16.0	124	3-Oct	Geneseo Cross Country Invitational
Rebecca Zarett	UR	29:06.0	162	3-Oct	Geneseo Cross Country Invitational
Rebecca Glass	UR	28:13.0	145	3-Oct	Geneseo Cross Country Invitational

**Year-to-Date 5K Personal Best Performances**

Name	Team	5K Best Time	Place	Date	Meet
Susana Acosta	UR				
Ellen Anderson	UR	22:11.0	92	10-Oct	Hamilton College Invitational
Lisa Cole	UR	19:15.0	19	17-Oct	U of Rochester Yellowjacket Invitational
Megan Battin	UR	20:49.0	57	10-Oct	Hamilton College Invitational
Marissa Eccleston	UR	22:35.0	96	10-Oct	Hamilton College Invitational
Kristen Fekete	UR	20:22.0	16	26-Sep	Harry F. Anderson Invitational
Rachel Given	UR	20:39.0	51	10-Oct	Hamilton College Invitational
Suzanne Giunta	UR	19:41.0	26	10-Oct	Hamilton College Invitational
Sarah Gollub	UR				
Heather Graham	UR	20:10.0	32	24-Oct	NYSCTC Championships
Bailey Gripshover	UR	21:45.0	37	26-Sep	Harry F. Anderson Invitational
Hilary Haefner	UR	21:20.0	30	26-Sep	Harry F. Anderson Invitational
Laryssa Hebert	UR	21:33.0	80	10-Oct	Hamilton College Invitational
Kelly Johnston	UR				
Bridget Kruszka	UR	22:05.0	75	17-Oct	U of Rochester Yellowjacket Invitational
Jaelyn Lerea	UR	22:53.0	104	10-Oct	Hamilton College Invitational
Allison McComb	UR	19:08.0	12	10-Oct	Hamilton College Invitational
Catherine Nadeau	UR	22:03.0	41	26-Sep	Harry F. Anderson Invitational
Lauren Norton	UR	18:49.0	9	17-Oct	U of Rochester Yellowjacket Invitational
Megan O'Connor	UR	19:16.0	17	10-Oct	Hamilton College Invitational
Meghan Ogle	UR	20:56.0	55	19-Sep	U of Buffalo Stampede Invite
Sonja Page	UR	20:52.0	26	26-Sep	Harry F. Anderson Invitational
Zarah Quinn	UR	19:26.0	20	10-Oct	Hamilton College Invitational
Emily Rodenbush	UR	23:31.0	64	26-Sep	Harry F. Anderson Invitational
Hillary Snyder	UR	19:24.0	19	10-Oct	Hamilton College Invitational
Rachel Twardowski	UR	20:50.0	25	26-Sep	Harry F. Anderson Invitational
Michelle Winston	UR	21:59.0	89	10-Oct	Hamilton College Invitational
Rebecca Zarett	UR	22:52.0	103	10-Oct	Hamilton College Invitational
Rebecca Glass	UR	22:23.0	94	10-Oct	Hamilton College Invitational

New Best

**UNIVERSITY ATHLETIC ASSOCIATION**  
**Weekly Cross Country Team Results**

**Women's Team: Washington University in St. Louis**

Date: October 24, 2009

Meet: Did Not Compete

Distance: \_\_\_\_\_

Winning Time: \_\_\_\_\_

Number of Teams in Field: \_\_\_\_\_

Team Finish: \_\_\_\_\_

Top Five Teams: \_\_\_\_\_

Type of Course: \_\_\_\_\_

Weather: \_\_\_\_\_

**Current Week Performances**

Name	Time	Place
Molly Schlamb		
Liz Phillips		
Jess Londeree		
Bronwyn Bedrick		
Anne Correll		
Molly Wawrzyniak		
Hope Rathnam		
Anna Shafer-Skelton		
Augusta Dunse		
Sarah Britton		
Liz Stocking		
Brittany Cronin		
Catie Reynolds		
Allison Bickel		
Stephanie Borinsky		
Sangeeta Hardy		
Molly Reissman		
Taryn Surtees		
Erica Jackey		
Kelli Blake		
Lacey Vogel		
Caroline Wool		

**Year-to-Date 6K Personal Best Performances**

Name	Team	6K Best Time	Place	Date	Meet
Molly Schlamb	WU	21:54.6	10	17-Oct	Brooks Cross Country Invite
Liz Phillips	WU	23:00.0	76	17-Oct	Brooks Cross Country Invite
Jess Londeree	WU	22:08.9	22	17-Oct	Brooks Cross Country Invite
Bronwyn Bedrick	WU	22:33.6	43	17-Oct	Brooks Cross Country Invite
Anne Correll	WU	24:31.5	207	17-Oct	Brooks Cross Country Invite
Molly Wawrzyniak	WU	22:57.6	73	17-Oct	Brooks Cross Country Invite
Hope Rathnam	WU	23:10.6	91	17-Oct	Brooks Cross Country Invite
Anna Shafer-Skelton	WU				
Augusta Dunse	WU	24:26.6	197	17-Oct	Brooks Cross Country Invite
Sarah Britton	WU	24:28.2	199	17-Oct	Brooks Cross Country Invite
Liz Stocking	WU	22:59.6	74	17-Oct	Brooks Cross Country Invite
Brittany Cronin	WU	22:55.4	68	17-Oct	Brooks Cross Country Invite
Catie Reynolds	WU	24:22.0	191	17-Oct	Brooks Cross Country Invite
Allison Bickel	WU	23:56.6	149	17-Oct	Brooks Cross Country Invite
Stephanie Borinsky	WU				
Sangeeta Hardy	WU	22:12.0	23	17-Oct	Brooks Cross Country Invite
Molly Reissman	WU				
Taryn Surtees	WU	21:03.9	6	17-Oct	Brooks Cross Country Invite
Erica Jackey	WU	22:44.6	50	17-Oct	Brooks Cross Country Invite
Kelli Blake	WU				
Lacey Vogel	WU	23:53.7	142	17-Oct	Brooks Cross Country Invite
Caroline Wool	WU	27:10.0	106	10-Oct	Gibson Family XC Invitational

**Year-to-Date 5K Personal Best Performances**

Name	Team	5K Best Time	Place	Date	Meet
Molly Schlamb	WU	18:14.8	30	3-Oct	Greater Louisville XC Classic
Liz Phillips	WU	19:03.0	6	26-Sep	Saluki Invite
Jess Londeree	WU	18:44.3	67	3-Oct	Greater Louisville XC Classic
Bronwyn Bedrick	WU	19:16.5	110	3-Oct	Greater Louisville XC Classic
Anne Correll	WU	19:37.4	152	3-Oct	Greater Louisville XC Classic
Molly Wawrzyniak	WU	19:22.2	122	3-Oct	Greater Louisville XC Classic
Hope Rathnam	WU	20:19.2	47*	3-Oct	Greater Louisville XC Classic
Anna Shafer-Skelton	WU	21:12.0	4	12-Sep	Maryville Classic
Augusta Dunse	WU	21:22.0	6	12-Sep	Maryville Classic
Sarah Britton	WU	21:36.3	38	26-Sep	Saluki Invite
Liz Stocking	WU	20:00.3	35*	3-Oct	Greater Louisville XC Classic
Brittany Cronin	WU	19:26.7	130	3-Oct	Greater Louisville XC Classic
Catie Reynolds	WU	21:18.4	33	26-Sep	Saluki Invite
Allison Bickel	WU	21:32.0	8	12-Sep	Maryville Classic
Stephanie Borinsky	WU	24:15.0	29	12-Sep	Maryville Classic
Sangeeta Hardy	WU	18:55.9	83	3-Oct	Greater Louisville XC Classic
Molly Reissman	WU	21:51.9	43	26-Sep	Saluki Invite
Taryn Surtees	WU	18:04.3	21	3-Oct	Greater Louisville XC Classic
Erica Jackey	WU	19:11.3	100	3-Oct	Greater Louisville XC Classic
Kelli Blake	WU	20:44.7	29	26-Sep	Saluki Invite
Lacey Vogel	WU	19:50.3	31*	3-Oct	Greater Louisville XC Classic
Caroline Wool	WU	23:18.2	52	26-Sep	Saluki Invite