

University Athletic Association

Campus Guides To

Athletic Training

and

Emergency Care

Procedures



October, 2011

Introduction

This guide is intended for the use of coaches, athletic trainers, and support staff traveling with athletic teams to competition sites across the UAA. It is a guide to resources available at each institution as well as where and how to obtain athletic training and medical assistance when visiting other UAA campuses.

The information contained in this booklet has been provided by the Head Athletic Trainers at each of the member schools of the *University Athletic Association*. The information was compiled and verified by the UAA Office staff in October, 2011.

The guide contains a double-sided page for each member institution describing the procedures currently in place on its campus regarding

- Routine Treatment and Training Facilities
- Acute Care (Emergency) Procedures
- Non-Acute Care (Non-Emergency) Procedures
- Campus Health Service Facilities
- Alternate Facilities, Hospitals, Clinics

Included are the location of treatment facilities, where to obtain assistance, phone numbers, persons to contact, and general procedures to follow. The guide also provides directory information for athletic administrators, athletic trainers, and medical staff at each institution. (**PLEASE NOTE:** The home phone numbers provided in this guide are for **EMERGENCY USE ONLY**. Any other use or distribution of this information is inappropriate.)

Perhaps the single most important element implied throughout this guide is the need for timely and adequate communication.

1. Use the UAA Travel Request Form to arrange services in advance of travel. The form is available on the *UAA* website in the Form and Document Library under Administrative Links.
2. If questions arise or plans change, call the host institution prior to arrival.
3. Be patient and be flexible. Use common sense.
4. Make use of the resources and procedures of the host institution to facilitate appropriate and timely care for student-athletes
5. Follow-up — Inform athletic trainers and administrators from the host and home institutions about incidents, outcomes, concerns, additional needs. Say thanks.

University Athletic Association

Policy Regarding

Treatment of Student-Athletes

by

Host Institution Medical and Training Staff

It is the policy of the member institutions of the University Athletic Association that once a visiting-team student-athlete has entered the care of the athletic training staff or medical staff of the host institution, all decisions regarding continued participation by that student-athlete in further athletic competition shall be at the sole discretion of the host institution athletic training or medical staff. It is expected that coaches and all other athletic staff will cooperate fully in the enforcement of this policy.

University Athletic Association
Site Policies and Procedures

The following is a listing of the policies concerning medical support services contained in the *Site Policies and Procedures* of the University Athletic Association.

Section 4. MEDICAL SUPPORT SERVICES TO BE PROVIDED

- 4.1 Amenities** — The host training facility shall provide the following amenities: water jugs, cups, and towels on the bench prior to the start of pre-game warm-ups and in the locker rooms when requested, to include ice and cups in sufficient numbers to accommodate the visitors. In addition, a taping table shall be provided on the sidelines for all football and soccer contests.
- 4.2 Treatment** — The visiting team shall contact the host trainer prior to arrival to notify the host if a trainer will NOT accompany the team and to discuss any special needs that can be identified at that time. If a visiting student-athlete requires treatment beyond what would be considered normal for the situation, e.g. modalities, muscle contraction, etc., and if the visiting trainer is not traveling with the team, then the visiting trainer MUST send a written description of the treatment to be applied. A host trainer will not be allowed to administer any treatment of this nature except in an emergency situation.
- 4.3 UAA Championships and Round-Robin Contests** — A Certified Athletic Trainer shall be available plus additional training staff as judged necessary by the host institution's Certified Athletic Trainer.
- Training rooms shall be open and available to participants for an appropriate length of time prior to the start of competition at all championship events, as determined by the host institution's Certified Athletic Trainer in consultation with the championship director.
- 4.4 Emergency Equipment** — The host training facility shall make available emergency medical equipment as required by the visitors. This will eliminate the need to travel with such equipment, e.g., stretchers, crutches, immobilizers, etc. All equipment that is borrowed must be returned at the earliest convenience upon returning home from the trip.
- 4.5 Emergency Assistance** — The host training facility shall provide the visitors with a list of emergency phone numbers. These numbers should be those that the home team would use in a similar situation.
- 4.6 Team Physician** — The host institution shall make available their team physician and/or associates as required by the visitors. The team physician or his/her designate shall be on site for all football games.
- 4.7 Facilities** — The host will provide training and treatment facilities whenever and wherever possible upon request.
- 4.8 Supplies** — All teams shall travel with an appropriately stocked first aid kit. The kit shall be checked prior to traveling.
- 4.9 Emergency Transportation** — The host shall provide for emergency medical transportation. An ambulance shall be on site for all football contests.
- 4.10 Return to Play Decisions** — When a team is traveling without its own Certified Athletic Trainer or with only a student assistant trained in first aid, that team's coach and/or student assistant shall consult with the host institution's Certified Athletic Trainer regarding all return to play decisions for student-athletes injured during Association competition.

It is the policy of the member institutions of the University Athletic Association that once a visiting-team student-athlete has entered the care of the athletic training staff or medical staff of the host institution, all decisions regarding continued participation by that student-athlete in further athletic competition shall be at the sole discretion of the host institution athletic training or medical staff. It is expected that coaches and all other athletic staff will cooperate fully in the enforcement of this policy.

Brandeis University

Athletic Department Personnel		Office Phone	Cell Phone	Home Phone (Emergencies Only)
Director/Chair	Sheryl Sousa	(781) 736-3663	(617) 306-4906	(617) 431-7234
Associate	Lynne Dempsey	(781) 736-3635	(617) 470-4832	
Assistant	Adam Levin	(781) 736-3631	(339) 206-2285	
Asst. Dir. for Athletic Training & Str/Cond	Jim Zotz zotz@brandeis.edu	(781) 736-3649		
Facility Manager	Robin Seidman seidman@brandeis.edu	(781) 736-3665	(781) 983-6080	
Head Athletic Trainer	Lisa DeNicola denicola@brandeis.edu	(781) 736-3666	(781) 726-1285	
Assistant Athletic Trainer	Niki Rybko nrybko@brandeis.edu	(781) 736-3640	(413) 222-5527	
Asst. Athletic Trainer Strength & Conditioning	Rick Cox rcox@brandeis.edu	(781) 736-3664	TBA	
Team Physician	Glen Ross	(781) 487-9444		

Routine Training Facilities and Treatment

Location Second level of Gosman Athletic Center - Across from weight room.

Hours of Operation Monday–Friday, 1:30 p.m. to 8:00 p.m.
Saturday–Sunday, per arrangement of practices and games

Staff on Duty Certified Athletic Trainer on duty for all home contests
Also Monday–Friday during normal hours of operation.

To Arrange for Treatment, Taping, etc. All taping will be provided for visiting team with prior notification. Any use of modalities needs to be accompanied by a note from either M.D. or A.T.C.

Other Pertinent Information Ice, water, cups, towels, emergency medical equipment will be available at all games.

Modalities Available (Prior Arrangement) .. Ice, heat, electrical stimulation, compression boot, ultrasound, whirlpools.

Acute Care (Emergency) Procedures

AED Gosman locations..... 3rd Floor at front desk, 2nd floor in athletic training room, 1st floor cardio area.
An AED will be on the sideline for all UAA contests.

Location of Emergency Phones..... Main gym- Athletic Training Room or Weight Room
Athletic fields- Emergency Call Box; Linsey Pool- Pool Deck
Auxiliary Gym- Front Desk.

Procedure..... **Normal operating hours**— Notify Athletic Training Staff or Facilities Manager. They will call Campus Police 736-3333 or 736-5000 for ambulance or EMT’s.

Off-hours— Notify Facilities Manager or call Campus Police at 736-3333 or 736-5000.

Response Protocol Campus Police will call either EMT’s or ambulance.

Suggested Follow-up Contact Campus Police or Facilities Manager.

Brandeis University

Non-Acute Care (Non-Emergency) Procedures

DURING NORMAL HOURS: MONDAY–FRIDAY, 8:00 A.M. TO 4:00 P.M.

Facility to be Used Stoneman Infirmary
Location Enter main circle of campus. Take a right- one half mile on right.
Phone (781) 736-3677
Ask for Nurse on Duty.
Usual Procedure Nurse will determine if M.D. is needed - Will either call them or they will be on the site.

DURING OFF-HOURS: MONDAY–FRIDAY, 4:00 P.M. TO 8:00 A.M. AND ON WEEKENDS

Facility to be Used Stoneman Infirmary
Location (Same as above)
Phone (Same as above)
Ask for (Same as above)
Usual Procedure Nurse will administer first aid or send to hospital.

ALL-NIGHT PHARMACY:

Facility to be Used CVS Pharmacy
Location 12 Harvard Ave. • Waltham, MA 12451
Phone (781) 894-1600
Directions Take a right out of the Gosman parking lot. Take a right on Russell St. Take a left on Harvard St.

FOR ATHLETIC STAFF ASSISTANCE: CALL HEAD TRAINER

Campus Health-Service Facilities

Hours of Operation (Same as above)
Location Stoneman Infirmary — (Same as above)
Phone (Same as above)
Ask for (Same as above)
Usual Procedure (Same as above)

Alternate Facilities, Hospitals, Clinics

Facility Sterling Urgent Care Center
Locations Hope Ave. • Waltham
Convenient to One mile from the university
Additional Information Telephone (781) 647-6000

Facility Newton/Wellesley Hospital
Locations Rt. 16 East - Washington St. • Wellesley
Convenient to Hotels
Additional Information Dr. Glen Ross, Team Orthoped on call. Telephone (781) 487-9444

Carnegie Mellon University

Athletic Department Personnel		Office Phone	Cell Phone	Home Phone (Emergencies Only)
Director/Chair	Susan Bassett	(412) 268-8555	(412) 335-8228	(412) 335-8228
Associate/Assistant	Tony Wingen	(412) 268-2218	(412) 260-2406	(412) 343-7850
Facility Manager	Tony Wingen	(412) 268-2218	(412) 260-2406	(412) 343-7850
Athletic Trainer	Adam Hindes, MS, ATC, CSCS ahindes@andrew.cmu.edu	(412) 268-2222 FAX: 268-4078	(412) 335-9478	(412) 335-9478
Athletic Trainer	Jessica Pope, MS, ATC, EMT-B jlpope@andrew.cmu.edu	(412) 268-8972		
Asst. Athletic Trainer	Adam May, MS, ATC mayal@upmc.edu	(412) 268-8972		
Asst. Athletic Trainer	Lisa Andrews, MS, ATC andrewsln@upmc.edu	(412) 268-8972		
Team Physician	Dr. Robin West	(412) 432-3631		
Team Physician	Dr. Jeanne Doperak	(412) 858-0382		

Routine Training Facilities and Treatment

Location Gesling Stadium Athletic Facility
Gymnasium

Hours of Operation Stadium: 9 a.m. to 7:30 p.m., Monday–Friday
Gym: 3:30 p.m. to 7:00 p.m., Monday–Friday (Winter Season Only)

Staff on Duty Adam Hindes, MS, ATC, CSCS
Jessica Pope, MS, ATC, EMT-B
Adam May, MS, ATC
Lisa Andrews, MS, ATC

Athletic training students from University of Pittsburgh and Duquesne University.

To Arrange for Treatment, Taping, etc. Set up appointment - Walk in for practice and games.

Other Pertinent Information Athletic Training Facility may be open later depending on practice and game schedules

Modalities Available (Prior Arrangement) .. Ice, moist heat, electrical stimulation, ultrasound.

Acute Care (Emergency) Procedures

AED Locations:..... Stadium – On gray cabinet on right wall, sidelines during competitions.
Skibo – On left of doorways at second level entrance at front of building and in rear stairwell of gymnasium.
Campus security also carries units in cars.

Location of Emergency Phones Gymnasium — Front door and Athletic Training Room
Stadium — Weight Room and Athletic Training Room

Procedure..... Security — (412) 268-2323 (Carnegie Mellon Security).

Response Protocol CMU Security Officers and Campus EMS (5 minutes).

Suggested Follow-up: Call Athletic Director or Assoc. A.D. in case of catastrophic emergency.

Carnegie Mellon University

Non-Acute Care (Non-Emergency) Procedures

DURING NORMAL HOURS: MONDAY–FRIDAY, 12:00 P.M. TO 8:00 P.M.

Facility to be Used..... CMU Athletic Training Facilities or Health Service
Location..... Training Rooms — Gymnasium and Stadium
Health Service — Morewood Gardens
Phone..... Athletic Training Room — (412) 268-2222, (412) 268-8972
Health Service — (412) 268-2157
Ask for..... Adam Hindes, Jessica Pope, Lisa Andrews or Adam May — Athletic Training Fac.
Anita Barkin — Health Service
Usual Procedure..... If there is a non-emergency injury or illness, contact Adam Hindes during normal hours. They will aid in taking care of problem. If Adam is not in office, call Health Service.

DURING OFF-HOURS: MONDAY–FRIDAY, AFTER 6:30 P.M. AND WEEKENDS

Facility to be Used..... Presbyterian University Hospital
Location..... University of Pitt. Campus — corners of 5th Ave. and DeSoto
Phone..... (412) 647-3333
Ask for..... Emergency Department — Triage
Usual Procedure..... Call Presbyterian Hospital

ALL-NIGHT PHARMACY:

Facility to be Used..... CVS
Location..... 3440 Forbes Avenue, Pittsburgh, PA 15213
Phone..... Front Store (412) 687-4180, Pharmacy (412) 687-4181

FOR ATHLETIC STAFF ASSISTANCE: ONLY CALL ATHLETIC DIRECTOR OR ASSISTANT DIRECTOR AT HOME IN AN EMERGENCY

Campus Health-Service Facilities

Hours of Operation..... 8:30 a.m. — 5:00 p.m.
Location..... Morewood Gardens — Ground floor
Phone..... (412) 268-2157
Ask for..... Anita Barkin — Director
Usual Procedure..... Call ahead for appointment if possible. Will take walk-ins - waiting required.

Alternate Facilities, Hospitals, Clinics

Facility..... Presbyterian University Hospital
Location..... University of Pittsburgh Campus- 5th and DeSoto
Convenient to..... Team physicians are registered at Presbyterian University Hospital.
Additional Information..... Take to Emergency Room off of DeSoto St.

Case Western Reserve University

Athletic Department Personnel		Office Phone	Cell Phone	Home Phone (Emergencies Only)
Director/Chair	Dave Diles	(216) 368-0848	(440) 263-5846	
Associate/Assistant	Pat Kennedy	(216) 368-3874	(216) 402-4357	
SID	Nick Minerd	(216) 368-6517	(330) 727-1128	
Facility Manager	Steve Thompson	(216) 368-5329	(419) 606-7738	
Head Athletic Trainer	Chris Shenberger chris.shenberger@case.edu	(216) 368-2863, (216) 368-8926	(614) 595-9930	
Assistant Athletic Trainer	Erin Lake erin.lake@case.edu	(216) 368-2863 (216) 368-8926	(419) 356-3896	
Assistant Athletic Trainer	Jessica White jessica.m.white2@case.edu	(216) 368-2863	(330) 388-9651	
Team Physician	Shana Miskovsky, M.D.	(216) 844-1178	(216) 233-9985	

Routine Training Facilities and Treatment

Location Veale Athletic Center

Hours of Operation Veale: 11:00 a.m. — 6:00 p.m. (unless game coverage)

Staff on Duty Certified Athletic Trainer at all home contests. Team physician on call or on site.

To Arrange for Treatment, Taping, etc. Please contact Chris Shenberger, A.T.C., Erin Lake, A.T.C., or Jessica White, A.T.C., during office hours at Veale Training room or send an email at least two days in advance.

Modalities Available (Prior Arrangement) .. Moist hot packs, electrical stimulation, ultrasound, cold whirlpool, ice.
(Electrical stim and ultrasound require a written note from Certified Athletic Trainer or team Physician.)

Medication: Medication will not be dispensed to visiting team athletes unless prescribed by our team Physician.

Acute Care (Emergency) Procedures

AED locations..... On home bench during athletic contest. Veale Athletic Complex: located in main lobby on pillar in front of reception desk.

Location of Emergency Phones Main gym – campus phone outside entrance doors; North side athletic fields – by entrance of all residence halls or parking garage.

Procedure..... Call campus security (216) 368-3333

Response Protocol Campus security will call EMS and follow campus protocol.

Suggested Follow-up Contact Chris Shenberger, A.T.C., Erin Lake, A.T.C., or Jessica White, A.T.C. Case athletic trainers will notify the visiting school's A.T.C. regarding the situation.

Case Western Reserve University

Non-Acute Care (Non-Emergency) Procedures

DURING NORMAL HOURS: MONDAY - FRIDAY 11:00 A.M. – 6:00 P.M.

Facility to be Used Veale Center Athletic Training Room
Location First floor of Veale Athletic Center, Rm. 124
Phone Veale (216) 368-2863
Ask for Chris Shenberger, A.T.C., Erin Lake, A.T.C., or Jessica White, A.T.C.
Usual Procedure Athlete will be evaluated and treated by host athletic training staff. ATC will make appropriate referrals as needed.

DURING OFF-HOURS: MONDAY–FRIDAY BEFORE 11:00 A.M. OR AFTER 6:00 P.M.

Facility to be Used Veale Athletic Center for all indoor court activities.
Location Veale Athletic Center — First floor, Rm. 124
Phone (216) 368-2868 (Issue Room) or Call an ATC on their cell.
Ask for Chris Shenberger, A.T.C., Erin Lake, A.T.C., or Jessica White, A.T.C.
Usual Procedure Advise, sports medicine student, if needed.

ALL-NIGHT PHARMACY:

Facility to be Used CVS
Location 2160 Lee Rd. Cleveland Heights
Phone (216) 932-4808

FOR ATHLETIC STAFF ASSISTANCE: CREG JANTZ

Campus Health-Service Facilities

Hours of Operation Monday - Friday 8:30 a.m. - 4:30 p.m.
Location 2145 Adelbert Rd.
Phone (216) 368-2450
Ask for Dr. Eleanor Davidson or Lois Wells
Usual Procedure Identify yourself as visiting student-athlete. Contact athletic training staff if additional help is needed.

Alternate Facilities, Hospitals, Clinics

Facility University Hospital Case Medical Center
Location 11100 Euclid Ave.
Convenient to Case Western Reserve University Campus
Additional Information General Phone Number (216) 844-1000; ER Phone Number (216) 844-3836

Emory University

Athletic Department Personnel	Office Phone	Cell Phone	Home Phone (Emergencies Only)
Director/Chair	Tim Downes (404) 727-6532		
Associate/Assistant	Joyce Jaleel (404) 727-6557		
Facility Manager	Mike Toce (404) 712-8782		
Asst. Director of Athletics for Sports Medicine	Joan Reed MAT, ATC, CSCS jreed2@emory.edu (404) 727-2878 FAX: 712-4415	(404) 934-4886	
Assistant Athletic Trainer	John Dunham, MS, ATC jdunham@emory.edu (404) 727-5613	(404) 972-0097	
Assistant Athletic Trainer	Erica Taylor, MS, ATC eltay12@emory.edu (404) 727-6714		
Team Physician	Lee Golusinski M.D. Mike Huey M.D. Ken Maunter, M.D. John Xerogeanes M.D. (404) 577-7800 (404) 727-7551 (404) 778-3350 (404) 778-3350		

Routine Training Facilities and Treatment

Location Woodruff P.E. Center

Hours of Operation Monday-Friday, 1:00 p.m. to 7:00 p.m.
Saturday-Sunday, one hour before contest to 45 minutes after contest

Staff on Duty Joan Reed, ATC, John Dunham, ATC or Erica Taylor, ATC

To Arrange for Treatment, Taping, etc. Call training room at (404) 727-6714

Acute Care (Emergency) Procedures

AED locations On site for soccer and basketball.
Across from the equipment room on the first floor.

Location of Emergency Phones Equipment Issue Room – Level 1

Procedure Notify on-duty Building Manager to call 911

Response Protocol 911 activates the campus First Responder unit.

Suggested Follow-up With appropriate facility personnel or service provider

Emory University

Non-Acute Care (Non-Emergency) Procedures

DURING NORMAL HOURS: MONDAY–FRIDAY, 8:00 A.M. TO 6:00 P.M.

Facility to be Used Student Health Services
Location 2nd Floor, 1525 Clifton Rd., Atlanta, GA 30322
Phone (404) 727-7551
Ask for Dr. Michael Huey or staff nurse
Usual Procedure Call ahead for approval

DURING OFF-HOURS: MONDAY–FRIDAY, AFTER 6:00 P.M. AND WEEKENDS

Facility to be Used Emory University Hospital Emergency Department
Location 1364 Clifton Rd. NE Atlanta, GA 30322
Phone (404) 712-7100
Ask for Dr. Doug Lowery or staff nurse
Usual Procedure Call ahead

ALL-NIGHT PHARMACY:

Facility to be Used CVS (404)- 373- 5619

FOR ATHLETIC STAFF ASSISTANCE: Joan Reed, ATC (404) 727-2878, John Dunham, ATC (404) 727-5613, or Erica Taylor, ATC (404) 727-6714 (athletic training room phone)

Campus Health-Service Facilities

Hours of Operation Monday–Friday, 8:00 a.m. to 6:00 p.m. (only)
Location 1525 Clifton Rd. Atlanta, GA 30322
Phone (404) 727-7551
Ask for Dr. Michael Huey or staff nurse
Usual Procedure Call ahead for approval

Alternate Facilities, Hospitals, Clinics

Facility Emory Hospital Treatment Room
Location 1364 Clifton Rd. NE Atlanta, GA. 30322 • (404) 712-7100
Convenient to Emory University Main Campus
Additional Information Call ahead for approval

Facility Dekalb Medical Center
Location 2701 N. Decatur Rd., Atlanta, GA (404) 501-5300

New York University

Athletic Department Personnel		Office Phone	Cell Phone	Home Phone (Emergencies Only)
Athletic Director	Christopher Bledsoe	(212) 998-2040		
Associate	Janice Quinn	(212) 998-2033		
Associate	Frank Sicignano	(212) 998-2035		
Facility Manager	Carl Villanueva	(212) 998-2034		
Head Athletic Trainer	Nikki Webb nikki.webb@nyu.edu	(212) 998-2083	(646) 772-7022	(732) 204-2692
Assistant Athletic Trainer	Julia Brandt julia.brandt@nyu.edu	(212) 998-2073	(646) 772-1831	
Assistant Athletic Trainer	TBA			
Team Physician	Orrin Sherman, M.D.	(212) 263-8961		

Routine Training Facilities and Treatment

Location Jerome S. Coles Sports and Recreation Center, 181 Mercer St., Field House Level

Hours of Operation Monday — Friday, 11:00 a.m. to 7:30 p.m.

Staff on Duty Nikki Webb, Julia Brandt

To Arrange for Treatment, Taping, etc. Call athletic training office at (212) 998-2073
Voice mail available or FAX message to (212) 995-4602

Modalities Available (Prior Arrangement) .. Ice, hot packs, electrical stimulation, ultrasound, whirlpool.

Acute Care (Emergency) Procedures

AED locations Field house level next to court #4 and in the Athletic Training Room.

Location of Emergency Phones Coles Athletic Center — athletic training office or use phone located in NE corner near exit.
Outdoors — Cellular phones will be carried by attending athletic trainer.

Procedure: 1) Call athletic trainer
Nikki Webb x82083, Cell (646) 772-7022, Home (732) 204-2692
Julia Brandt x82073, Cell (646) 772-1831
2) Call security guard: x82088 (during open hours at Coles Athletic Center)
3) Call Health Services (212) 443-1122 (ask for Debra Plageman)
4) Call 911.

Response Protocol 1) Athletic trainer, 2) Security guard on duty, 3) Ambulance

Suggested Follow-up Call will be made to athletic trainer of visiting team.

New York University

Non-Acute Care (Non-Emergency) Procedures

DURING NORMAL HOURS: MONDAY — FRIDAY: 11:00 A.M. TO 7:30 P.M.

Facility to be Used Coles Athletic Center, Athletic Training Room
Location Field House level between men's and women's locker rooms
Phone (212) 998-2073 or 998-2083
Ask for Nikki Webb, Julia Brandt
Usual Procedure Athlete will be evaluated and treated by host athletic training staff if necessary.
Visiting athletic trainers will have access to all services provided by the athletic training staff.

DURING OFF-HOURS: MONDAY — FRIDAY: 7:30 A.M. TO 11:00 A.M., AFTER 7:30 P.M. AND WEEKENDS.

Facility to be Used NYU Medical Center — Tisch Hospital
Location 550 First Avenue (33rd St. and First Ave.)
Phone (212) 263-5550
Ask for Receptionist
Usual Procedure Walk-in emergency room.

ALL-NIGHT PHARMACY:

Facility to be Used CVS: 342 East 23rd Street (between 1st & 2nd Aves.) — (212) 505-1555
CVS: 630 Lexington Avenue (corner of 54th) — (917) 369-8688
Duane Reade: 224 W. 57th Street & Broadway (212) 541-9708

FOR ATHLETIC STAFF ASSISTANCE SOMEONE FROM THE ATHLETICS DEPARTMENT WILL BE AVAILABLE WHENEVER THE ATHLETICS FACILITY IS BEING USED.

Campus Health-Service Facilities

Hours of Operation Monday–Thursday: 9:00 a.m. to 6:00 p.m.
Friday: 9:00 a.m. to 5:00 p.m.
Location 726 Broadway, 4th floor
Phone (212) 443-1122
Ask for Lou Prusky
Usual Procedure Arrangements must be made by athletic training staff.

Alternate Facility (Orthopaedic Evaluation Only)

Hours of Operation 8:00 a.m. to 10:00 p.m. - 7 Days a Week
Facility NYU Hospital for Joint Disease Immediate Care Center (Orthopaedic ER)
Location 301 E. 17th St. (17th St. and 2nd Ave.)
Phone (212) 598-7600

University of Chicago

Athletic Department Personnel		Office Phone	Cell Phone	Home Phone (Emergencies Only)
Athletic Director	Tom Weingartner	(773) 702-7684	(773) 612-2489	(773) 493-4769
Associate/Assistant	Rosalie Resch	(773) 702-4659	(773) 490-7999	(773) 324-3032
Facility Manager	Jennifer Coleman	(773) 834-1664	(773) 330-9259	(773) 947-0243
Head Athletic Trainer	Mary Wisniewski mwisniew@uchicago.edu	(773) 753-4708	(773) 255-6851	(773) 288-0612
Assistant Athletic Trainer	Lucy Shaw lashaw@uchicago.edu	(773) 702-3882	(828) 713-5417	
Assistant Athletic Trainer	Justin Sword jmsword@uchicago.edu	(773) 702-3875	(815) 716-0362	
Assistant Athletic Trainer (FitnessT)	Brandon Gonzales brandong@uchicago.edu	(773) 702-1048	(678) 571-8181	
Team Physician	Bruce Reider, M.D.	(773) 702-6346	(630) 334-8134	(708) 654-8134
Pediatrician Sports Med. Specialist	Holly Benjamin, M.D.	(773) 702-0003	(630) 660-6038	(630) 321-0652
Sports Med. Fellows	Jovan Laskovski Benedict Figuerres		(330) 327-5837 (847) 372-7994	

Routine Training Facilities and Treatment

Location Main Facility: Ratner Center, 5530 S. Ellis Avenue. The Athletic Training Room (Room 108) is located on the first floor, behind the Varsity Equipment Room.
 Auxiliary Facility: Henry Crown Field House (HCFH), 5550 S. University Ave. The athletic training room is in the northeast corner of the basement level.

Hours of Operation Ratner: : posted weekly - call (773) 753-4708 for specific times.
 HCFH: posted weekly.

Staff on Duty NATA Certified Athletic Trainers on staff (listed above)

To Arrange for Treatment, Taping, etc. Please call the athletic training room at least 24 hours prior to your team's arrival.

Acute Care (Emergency) Procedures

AED locations Ratner: On the wall outside the auxiliary gym (behind check-in desk).
 Henry Crown FH: First floor by main entrance, second floor northwest corner.
 Stagg Field: In officials' room next to team room 2.
 ATC's have two portable units - on sidelines for outdoor events.

Location of Emergency Phones Soccer, Baseball, Softball — White phone at Drexel Gate.
 Track, Tennis, Football — White phone at the end of the track by the building.
 HCFH — Basketball, Wrestling, Volleyball, Indoor Track — phone on south wall of upper gym.
 Ratner facility - use phone located at the front desk or in the pool office. Dial 123 for the campus police.

Procedure White campus phone — just press button, campus police dispatcher will answer.
 Any other phone, dial 702-8181 for campus police, Off-campus call 911.
 For assistance call U of Chicago ATC's.

Response Protocol Campus police will respond to call and will dispatch an ambulance if necessary.

Suggested Follow-up Let Chicago ATC's know what has happened and we will follow up with contacting the appropriate doctors if necessary.

University of Chicago

DURING NORMAL HOURS: MONDAY–FRIDAY, 10:00 A.M. – NOON AND 1:30 - 6:30 P.M.

Facility to be Used..... University of Chicago Athletic Training Room (Ratner/HCFH)
Location..... 5530 S. Ellis Avenue/5550 S. University Ave.
Phone..... (773) 753-4708 (Ratner)/(773) 753-4692 (HCFH)
Usual Procedure Come by the Athletic Training Room and we will assist with contacting any medical specialist if necessary.

DURING OFF-HOURS: MONDAY–FRIDAY, 4:00 P.M. TO 8:00 A.M. AND WEEKENDS

Facility to be Used..... Mitchell Emergency Room
Location..... 901 E. 58th St.
Phone..... (773) 702-6250
Ask for..... Triage nurse (emergencies only)
Primary Care Group after hours call (773) 702-6840 for medical advice.
Usual Procedure Speak with the triage nurse if emergency only. If not, speak with the attendant at Primary Care Group (773) 702-6840 for advice.

ALL-NIGHT PHARMACY:

Facility to be Used..... Walgreens
Location..... 25 S. Wabash Ave. and 151 N. State
Phone..... (312) 641-1856 (S. Wabash) and (312) 263-4517 (N. State)

FOR ATHLETIC STAFF ASSISTANCE MARY WISNIEWSKI (773) 288-0612

Student Care Center (SCC)

Hours of Operation..... Monday–Friday, 8:00 a.m. to 4:00 p.m., Saturday, 8:00 a.m. to 11:00 a.m.
Location..... 5841 S. Maryland Avenue, Suite R100
Phone..... General: (773) 702-4156
Usual Procedure Contact Chicago ATC's and they will assist in making an appointment for athlete to be seen at SCC.

Alternate Facilities, Hospitals, Clinics

Facility..... Michael Reese Hospital & Medical Center
Location..... 2929 S. Ellis Avenue
Convenient to..... If you are staying downtown near the Loop.
Additional Information..... Emergency Room (773) 791-2882. Not allowed to give medical advice by phone.

Facility..... Northwestern Memorial Hospital
Location..... 250 E. Superior
Convenient to..... Downtown Chicago
Additional Information..... Emergency Room (773) 908-5222. Medical advice is not given over the phone.

University of Rochester

Athletic Department Personnel		Office Phone	Cell Phone	Home Phone (Emergencies Only)
Director/Chair	George VanderZwaag	(585) 275-4301		
Associate/Assistant	Andrea Golden	(585) 275-7209		(585) 385-6584
Facility Manager	Kris Shanley	(585) 275-6277		(585) 586-1775
Head Athletic Trainer	Eric Rozen erozen@sports.rochester.edu	(585) 275-9540, (585) 275-7973	(585) 721-0575	(585) 586-6826
Assistant Athletic Trainer	Shauny Caruso scaruso@sports.rochester.edu	(585) 275-4890	(586) 703-4498	
Assistant Athletic Trainer	Angelo Zegarelli azegarelli@sports.rochester.edu	(585) 275-3630	(585) 703-8003	
Assistant Athletic Trainer	Heidi Woika hwoika@sports.rochester.edu	(585) 275-4309	(585) 317-3372	
Ortho Consultants	Rob Bronstein John Goldblatt	(585) 275-7379	(585) 275-2222 Ask to page sports- medicine attending on call	

Routine Training Facilities and Treatment

Location Zornow Training Room (Goergen Sports Complex) — (585) 275-7973 10 a.m.-2:30 p.m.
Fauver Training Room — (585) 275-9471 3:00 p.m. - 9:00 p.m.

Hours of Operation/Staff on Duty A.T.R Hours Mon.-Fri. 9:00 a.m. – 9:00 p.m. (Weekends and games as needed.)
Certified Trainer Available Monday – Friday 9:00 a.m. to 9:00 p.m.

To Arrange for Treatment, Taping, etc. If you have any special requests, or taping techniques please call, otherwise just send supplies. If you need access to modalities at times the training room is not open, please call. If you need us sooner than 1½ hrs. before games let us know.

Modalities Available (Prior Arrangement) .. Ice, heat, electrical stimulation, ultrasound, whirlpools.

Acute Care (Emergency) Procedures

AED locations..... Fauver Training Room, Zornow Training Room, Goergen Center- Front desk, Pool, Rec courts

Location of Emergency Phones Fauver Stadium — Northeast (River end) Palestra—main foyer
Fieldhouse—stairs near exit Goergen Center—Courts/pool wall

Procedure..... On campus: Dial 13, or pick up any Sports and Recreation emergency phone or any *Blue Light* phone on campus — the phone will be answered automatically.
Off campus: Dial 911 (with regular phones)

Response Protocol On campus, dial 13 — you will get the security department.
They will call the Medical Emergency Response Team (student first responders), or they will call 911 and escort an ambulance to the site of injury. In either case you are likely to get the MERT squad unless you specifically request that they not come.

Suggested Follow-up Call the training rooms — if we can help speed things up we will.
Report the injury to the Sports and Recreation information desk at the main entrance.

University of Rochester

Non-Acute Care (Non-Emergency) Procedures

DURING NORMAL HOURS: MONDAY–FRIDAY, 10:00 A.M. TO 9:00 P.M.

Facility to be Used..... Fauver training room – Fall, Spring; Palestra training room – Winter
Location..... Palestra in the Sports Complex; Fauver at football stadium
Phone..... (585) 275-7973
Ask for..... Eric, Shauny, Heidi or Angelo
Usual Procedure..... Athletes should be seen or referred by a certified trainer before receiving any treatments. First aid will be rendered by trainers (staff or student) as appropriate.

DURING OFF-HOURS: (AFTER 9:00 P.M. USE HOSPITAL FACILITIES)

Facility to be Used..... University Health Service
River Campus
(9:00 a.m. to 8:00 p.m.)
Location..... UHS Building
Phone..... (585) 275-2662
Ask for..... Nurse manager
Usual Procedure..... Same as below

ALL-NIGHT PHARMACY:

Facility to be Used..... Rite Aid
Location..... 529 Monroe Avenue (at Goodman St.)
Phone..... (585) 244-1711

FOR ATHLETIC STAFF ASSISTANCE : **GEORGE VANDERZWAAG (585) 275-4301, JANE POSSEE (585) 275-6914, OR ANDREA GOLDEN (585) 275-7209**

Campus Health-Service Facilities

Hours of Operation..... River Campus Unit — 9:00 a.m. to 8:00 p.m. when school is in session.
Location..... Susan B. Anthony Hall
Phone..... (585) 275-2662
Ask for..... The nurse manager.
Usual Procedure..... Call or walk in, tell the charge nurse the nature of the injury or illness and ask for help.

Alternate Facilities, Hospitals, Clinics

Facility..... Strong Memorial Hospital Emergency Department
Location..... 601 Elmwood Avenue
Convenient to..... UR Campus area
Additional Information..... If the injury is an orthopedic problem, you should ask for the orthopedic resident on call. They should speed up care and treatments.

Washington University

Athletic Department Personnel		Office Phone	Cell Phone	Home Phone (Emergencies Only)
Director/Chair	John Schael	(314) 935-5288		(314) 997-3648
Associate/Assistant	Joe Worlund	(314) 935-4708		
Facility Manager	Andrew Koch	(314) 935-4703		
Head Athletic Trainer	Rick Larsen larsen@wustl.edu	(314) 935-6461	(314) 322-1518	(314) 997-6094
Assistant Athletic Trainers	Jim Anderson janders@wustl.edu Kelly Mitchell kmitchell@wustl.edu Kellie Black kblack@wustl.edu	(314) 935-6461		
Team Physician	Matthew Matava	(314) 514-3573		(314) 724-1014
Internist	Mark Halstead	(314) 514-3570		

Routine Training Facilities and Treatment

Location Room A-5, Francis Gymnasium, Athletic Complex.

Hours of Operation Monday – Friday, 10:00 a.m. to 7:00 p.m.

Staff on Duty Certified Athletic Trainer, student athletic trainers.

To Arrange for Treatment, Taping, etc. Available on walk-in basis if accompanied by visiting team trainer, otherwise prior notification necessary.

Other Pertinent Information If not traveling with an athletic trainer, please provide your own supplies.
Prescription necessary for receiving treatment.
Taping tables are located in locker rooms.

Acute Care (Emergency) Procedures

AED locations Outside the field house near the elevator on level 2; In the storage building on the sports medicine vehicle (this will be at Francis Field during contests).

Location of Emergency Phones Athletic complex information desk.

Procedure Campus police at **935-5555** tell dispatcher that it is an athletic department injury and request ambulance.
Give nature of incident, name, and location of person to be attended.
The campus police will assist the ambulance personnel in getting to the proper place.

Response Protocol Local municipal ambulances, EMT/Paramedics assisted by campus police and student EMT.

Suggested Follow-up Accident report completed and on file with WU. Pending nature of care, use common sense. Notify parents! Notify team athletic trainer, etc. If hospitalized, have patient release medical records.

Washington University

Non-Acute Care (Non-Emergency) Procedures

DURING NORMAL HOURS: MONDAY–FRIDAY, 10:00 A.M. TO 7:00 P.M.

Facility to be Used Melin Training Room
Location Francis Gymnasium, Room A-5, Athletic Complex.
Phone (314) 935-6461
Ask for Rick Larsen
Usual Procedure Available during normal hours for teams traveling with an athletic trainer, otherwise telephoning in advance is necessary. Services for taping provided but teams must bring own supplies. Treatment to visiting athletes without athletic trainer must have prescription.

Taping tables are located in locker rooms.

DURING OFF-HOURS: MONDAY–FRIDAY, 7:00 P.M. TO 8:00 A.M. AND WEEKENDS

Facility to be Used Melin Athletic Training Room
Location Francis Gymnasium, Room A-5, Athletic Complex.
Phone (314) 935-6461
Ask for Rick Larsen
Usual Procedure Advance request for student athletic trainer. Please notify if delayed or canceling. Common sense/File accident report.

ALL-NIGHT PHARMACY:

Facility to be Used Walgreen's
Location 6733 Clayton Road (near campus) and 1 North Oaks Plaza (downtown)
Phone (314) 721-6013 (Clayton Rd) and (314) 382-9926 (North Oaks)

FOR ATHLETIC STAFF ASSISTANCE

Campus Health-Service Facilities

Hours of Operation M-F 8:30 a.m. — 4:00 p.m.
Location Umrath Hall, on campus.
Phone (314) 935-6666
Ask for
Usual Procedure Identify yourself as a visiting student-athlete and arrange for services. Follow UAA approved procedures.

Alternate Facilities, Hospitals, Clinics

Facility Barnes Hospital
Location Kings Highway and Highway 40.
Convenient to Washington University campus and downtown St. Louis.
Additional Information Notify host athletic trainer for assistance in expediting process.

UNIVERSITY ATHLETIC ASSOCIATION

Lightning and Health & Safety Emergency Policy

In conducting Association competition, the game management staff and game officials shall follow the NCAA Guideline on Lightning Safety as published in the NCAA Sports Medicine Handbook. All coaches, participants, and officials shall cooperate fully in this regard. Protocols and emergency plans shall be discussed with the coaches during the pre-competition meetings or conference calls as appropriate.

Game management staff and the head competition official shall monitor local weather conditions to the best of their ability. In the event of lightning, once a flash-to-bang count of 30 seconds (equivalent to six miles) is observed play shall be suspended and all personnel shall be directed to leave the field of play and take shelter in a safe structure. Play shall remain suspended until at least 30 minutes after the last flash of lightning or sound of thunder unless the head competition official can reasonably determine the threat of lightning has passed.

Each institution shall clearly designate the person or persons who shall have the ultimate authority and responsibility to stop or resume play in the event of lightning or other health and safety emergencies, and shall communicate this information to the competition officials and coaches prior to the contest. The game management responsibilities of the designated individual or individuals should be such that they are able to monitor such circumstances without distraction.

N C A A B A N on Use of Tobacco Products

NCAA Bylaw 11.1.7 Use of Tobacco Products. The use of tobacco products is prohibited by all game personnel (e.g., coaches, trainers, managers and game officials) in all sports during practice and competition.

NCAA Bylaw 17.1.11 Use of Tobacco Products. The use of tobacco products by a student-athlete is prohibited during practice and competition. A student-athlete who uses tobacco products during a practice or competition shall be disqualified for the remainder of that practice or competition.